

Elizabeth Strachey
her book 1693

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A Book of receipts of all sorts

A very good one for the tick or
shortness of breath: m^{rs} Mitchel

Take sheeps Doung fresh every morning
from y^e falde, & steep it in milke or any other
Liquor for An hower: then strain it. And drinke
A good draught of it. And you will find the
benefit if you continew the constant use
of it for some time

for the piles: m^{rs} colpsis:

Take scarlett cloath And Burn it In the
fire to A cole: powder it to A very fine
powder: And if they rage ever soe bad take
A little of it betwxt your fingers And Apply
It to the place greined. It will give ease
sooner then you can Imagine;

for the gout: m^{rs} colpsis:

Take pilytomach with russ gume Aloes rojat. of
each one dram: salt of wormwood & rosen of
Gallup: of each A scruple: make them in to A mass
with serup of Reges: the dose half A dram At night
When you goe to bed: drinke it downe in beer
or what you pleas: it will not worke till the
morning & then you may goe anywhere or eat
or drinke Any thing

A nother for the goutte
of very violent

Take of opum one dram: of saferon 2 drams:
mingle them with 4 or 5 yolke of eggs: And
put A plaister of it on the part Afflicted:
And It mitily swageth the pain And restraineth
the corruption

An other for the goutte
Take the Guyce of the flowers of Broome:
And the Guyce of Scala celi: & hony: As much of
one As of the other: seeth it till it is of y^e thickness
of hony: And Annoynt the gowty place there with

An other for the goutte And Joynt Ache
Take y^e Guyce of sage: of ~~Sage~~ Aquavite: of oyle
of bay: of vinegar: mustard: & of A beest gall: of
each A like quantity: put It All together in A
great bladder & chafe it well up and downe with
your hand for the space of An hower and
half: And keepe it for your use: & Annoynt
the greued place with it morning ^{and} Evening
And you will find the benifit in A short time:

A nother
fry out the grease of shumakers shreds: or
peeces of Leather: And lay some of it on brown
paper: warming it A little At the fire; then
Apply it to the part greued: And it will take
Away the pain In one night

For A cut or scald
Take garlick And houselick of each A like
quantaty. Stamp them both together And Apply
It playster wise. And it will ease it maruelously

for A canker In the mouth
Take two peny worth of treacle. A like quan
taty of hony. A peece of Allum of the bignes
of A walnut. being beaten very small. boyle
all these to gether till it come to A salte
& lay it to the place

for the Stooone
Take holly berryes And dry them And
beat them to fine powder. put half A
spoonfull of the powder In Ale or whiterwin
And drinke it luke warm morning And evening

A nother for the Stooone
Take oyster shells & wash them uery clean
then burn And pound them to A fine
powder. & drinke A draught of white wine or
Ale luke warm: sum of the powder being in It.

or This
Take wilde time: & dry it to powder: put
it In whiterwine & boyle it from A quart to A
pinte & drinke it fasting.

for A bluddy fluxe
Take franconsence and put it in A chafingdish
of coals: put it in A close stool & sit on
it bare

for deafnes
Take the Juice of ye Buds: 'Leaves' Inner rind
or yong branches of elder: Luke warm: put
it in to the yeares: It will breake the
Impostume within 4 or 5 days: And cure
the deafness

A nother
Take the Juice of betony: And Juice of
Annions: of each 6 ounces: A hanfull of
~~any~~ Rosemary Leaves stamped: 3
ounces of Bitter Almons: one white eele groke
choped: mix them all together. And distill
them: then drop 2 or 3 drops in ye yeares
2 or three nights together

A nother
Take A stick of green Elme: or Ash: And
lay it on ye fire: receive the water that
comes out of the ends of it: And take the
grese of A fat eele that is Red beneath the naue
boyle them together A little: And put it into A
glass: And when you goe to bed drop A drop or two
in ye yeares

for Aches In ye limns
Anoynt the place with good Aquacomposita
by the fire 3 or 4 times together, And at
the last time cast Apon it before it be drye
the powder of Olibanum, or the best frankensin
And bind A lincing cloth on the part and see fast
en on 3 or 4 days

for poyson to betaken inwardly
Take A spoonfull of powder of betony, And
put it in A draught of wine and drink it
presently worke A cure

Take A peny worth of Aquacity
And the same quantaty of oyle of bay, mix is
together, And Anoynt ye Infected part but
not by the fire, And it takes away the paine
presant

for swollen legs
Take mallows & seeth them in water, y^e
Stamp and strain them from the liquor
And put to them Barrows grease, & fry it
to gether till it be thick: And Apply it
plaister wise; morning and evening &c

for ould Aches In y^e limbs: ^{or} blinⁿ
Take of black dew snails: And put them in
An earthen pot with camemel: A lair of the
one And A lair of the other: till the pot is full
Bake it with household bread, & from them will com
A oyle: therewith Anoynt the Limbs

for Aches Another:

take of grey and black snails 2 quarts:
one quart of Earth worms: 4 swallows:
pull off the feathers & pluck out the guts
& chop them small: then take half A pinte
of Aquavint: put all these together in A
earthen crutch; and lay it ⁱⁿ horse dung 21
dayes: then take wormwood: sothernwood:
camamill: baye leaues: reu: sage: damask
rosees: and broome flowers: A Like quantaty
And put them to the other things: And
boyle them together ouer A gentle fire for
the space of An hower: then strain it
And ~~there~~ will come A oyntment from it:
keepe it for your use

Take A quart of the best white wine:
2 quarts of y^e best oyle olive: ~~then~~ 4 ounces
of Cardus: one pound st. Johns wort: 4 ounces of
sage: of Each one of these take the leaues & flowers
if it be possible: It being small shredded: Let all these
steep 24 howers in the wine & oyle: then boyle
It in A earthen pipken ouer A soft fire for
An hower: stirring it continewally with A
spatter: then strain it throuth A cloth wring
it till all the Ligoir is wrang out: then set it
ouer the fire Again in the same pipken: And
Add to it one pound of uenus turpentine:

washed in rose water: 4 ounces of olibanum: 2 ounces of mirhe: And let them boyle on a soft fire till all the gumes be dissolved: then take it from the fire And let it stand till it be colde: then put it in A glass bottle And stop it close, & set it in y^e sunne 10 dayes before it be used.

It is A excellent ^{thing} for the goute And pains in the bones: for the cramp: And all sorts of bruises: either in man ^{or} woman: to be Applied to the greened places: with rubings: for A quarter of An hower twice A day till it proves A cure: which will be in two or three dayes:

A drink for the plauge
Take of malmeiey 3 pintes & boyle therein of Sage And rue one handfull: till A pinte be wasted: then strain it & set on the fire Again, put to it two peny worth of long pepper: one ounce of ginger: nutmegs half A ounce: well beaten together: 2 peniworth of London orreacle: 3 peny worth of methredate & A quarter of A pinte of strong Angelica: water: warm 2 spoonfulls of this Ligour if Alredy infected: And sweeten it wth A spoon it: If not infected A spoonfull is sufficient for either man ~~woman~~ or child
All these Among my unkle's papers At falston.

M^r Daubany A receipt for A wenn

Take A peece of Lead And bete it uery thin
pounce It full of holes And bind it hard on
the swelling It wil swage it In A little time

My Aunt for deafnes

Destill rosmary In An Alimbeck some faires
water Being In the bottom of y^e pot to keepe
It from burning: on the top of the water you
receiue: there will be An oyle which drop In to
the eares It haue recovered people of deafnes
Euen to A meracke

A uery good ointment

Take one handfull of wormwood, one of
Rougemary flowers: one of y^e flowers of brow
age: one of burdock root: one of bracklimes: And
one of lemon time. Boyle All these In A quart
of ~~water~~ foot oyle til tis half boyled ~~And~~
way: then strain it & keepe it In A earthen pot
for y^e use: It is uery good for Any sinnewe y^t
Are shrunk: or for cold Itches: or peaticath:
Anoynting the part by y^e fire H H H H H

A receipt for the Itch

Take of marygoulds: camamile: And wild
tany: of Each A handfull make A pojet wth
them And drink A good drafft of It morning
And night: H H H H

these two: of
mary palmer who knew them to be uery good

Snail water very good for A con...
& to create An Appetite of mst Languor

Take 3 gallons of y^e strongest Ale to 2 gallons
of sack: Then take a great peck of green ^{malice} ~~malice~~ ^{malice} ~~malice~~
& make a fire with Charcoal Upon a clean hearth
And when It is well kindled put them In A
Iron Tripennypan with one end higher then y^e other,
that the froth may run out: & keep stirring y^m
till they have dun hipping: then take them out
And put them Into the Ale & sack: & put to it 8
ounces of Hartshorne 2 ounces of half of cloves
Bruised: 2 good handfuls of Angelicoe leaves: 3
quarts of rosemary flowers: And 2 handfulls of
Sallindine: see stop the mouth of y^e Limbeck
with Rie past: & In the morning Distill It: Keep
the first by It self: & use the second & third: take
a ~~small~~ small draught 2 or 3 mornings fasting And
It is of the use In the Afternoon & Evening After
It: If It is too strong you may mix It with
Any water you fancy

palmer for A sore breast
Take 2 yolles of eggs And a little yconfull
is hanny some cream & flower to make yt a
pore. & so to wash the sore male yt into
A case & apply it to the breast & to both dore
And heell.

mary
palmer for A pain that life hard
for the stomach.

Take with wine much marjoram. Bays.
sage. Bittony. featherfew. of each half
A handfull boyl it in water in 3 pints
of spring water till it is cold. Add honey
& then strain it & sweeten it with brown
sugar. drink A good draught morning & evening
And you will find it be of it in A short time.

Mrs Nicholson A receipt for a clear eye sight.

Approved.
Take Everbright: sage: Bittony: and sweet
marjoram A like quantity boyl As much water
As you think fit And power it on y^e eyes
boyling hot & idell it. & when tis cold drink
A good draught of it every morning fasting & to
A clove on y^e After noon. & A clove of A year
If you pleas you may sweeten it with sugar
When you drink it.

Asserting cure for A wart
Take A little bit of fat bacon wth perine on & rub
the wart with it And nail be where the sun may
come to it. And As the bacon doe waste the wart
will grow less.

Cauz Jones

1st Longon
Syrup of vinegar with vinegar
Exellent for the cough & fixed cold in the
breast one pint of white wine vinegar
3 ounces of new English Scurvy one ounce
of Anniseeds bruised. 5 heads of garlic sliced
put to your vinegar & quarter of a pint of
spring water. Make Allot 3 or 4 figs. & as many
Roses sliced small that ye Juice may be better
come out: lay them together till half ye
Liquor be boiled then strain it in the new
syrup of Scurvy & strain once more
shedd it & add there water 3 quarters of a pound
of good powder sugar or more: then royl it up
to a sirap over a gentle fire: when it is 3 or 4
days old it will be pleasant enough, & have
ben found new good being taken wth Licorick
thick going to bed & lastino in ye morning And
open in ye eve when it is small & more emu-
at in ye night when the cough is violent

pill for ye pain in ye back
Take half an ounce of nutmegs half Aunce
of cinomon & half An ounce of loaf sugar & mix
it wth Venus Turpentine and make it in to pills
take 5 or 6 time every other night for 6 nights

for A Boyle
Take the strongest beer you can get And boyl
it till it comes to ye thickness of A salve & when
it could spread on A peece of thons. leather & put
it on ye boyle it will give you great relief

A Excellent receipt for A film or pin
in the eye and web in y^e eyes

Take A egge that is quite laid, and cut it
in 4 pieces, when tis hard take y^e white by
peeling of the skin And squeeze it in a linnen
cloth And there will come out An oyle in which
that drop into your eyes 3 or 4 times A day It
will sartingly worke A cure in A short time

A very good receipt for y^e

Stranoury Mr lock

Take y^e powder of white suger candy In
A bit of butter unsalted About y^e bigness of
Anutmeg every morning fasting And At
night going to bed. Use it for A quarter
of A year together & this sartingly work
A cure

for A cold Mr Shforde

take A spoonfull of mustard seed & not
pounded mix it with y^e pulp of A red
Apple & swallow it when you get to bed
And when you rise in A morning it will

for y^e piles Mr Angord

Take of lapidicistis, dissolve it in fair
spring water till y^e water is colored so
dip A rag in it & wet y^e place greined you
may make the water stronger or weaker At
y^r pleasure by putting more or less of y^e stone
In it

M^r Ashout: is to provide flesh

Take a small stone of the meclestes &
rub y^e wound with it & he bren his wangs
It is take y^e powder of magistate And
strow a little on y^e wound ~~in the manner~~
as often ~~as~~ y^e other

M^r Nicolson: Rhume with

Take 4 ounces of English Leather dried &
bete to powder & put y^e new fine with a pretty
quantity of treacle beaten And sifted fine
yⁿ take a pen worth of gum dragon & steep it all
night in cold but water new & Let it be over
or any other water that is good for y^e distillations
from it head then take y^e powder & put them
in a mortar with the gum that is steeped in y^e
waters a little At a time beeteing y^t very
well till y^t come to a paste & be wrought
with y^r hand then Roast them up in some of y^e
powder & dry them by the fire a little while
then put them in a box where they may
be kept dry & they will keep a yeare make
the pills about y^e bigness of a pease & take
three At a time

Mr. Hinson: the black plaister

Take A pound of bees wax & A quart of
the best salt oyle A pound of white lead
in feir A ounce or 2 ounces n^o. 4. you place of
camphire then put your wax In A scillet on
A soft fire till It be all melted then put in
your oyle & let It boyle softly one houre
then put In your led keep It stirring
over A gentle fire till It begins to color
blackish then put In your camphire & keep
stirring & till It beys quite black & heard
enough to roule: then rub your hands n^o.
A little oyl & make It up In roule. you
must be sure your camphire n^o. 4. drop of
oyle before you use it. H H H H H H

Mrs. Hinson: for the kings cauil

Take of Eicher: march: Robert: hean mans
hand: fumitory wild: Angelico: dry these
herbs severly In their season in y^e shade
A like quantitie of each make It n^o. 4.
A powder & mix it all together then put 2
gill spoonfulls of y^e powder Into A quart of
milding Ale or beer: boyl Away A third
part therein & when It is cold put Into
A bottle: drink 6 spoonfulls every morning
And At 4 a clock in the Afternoon: doe so
till you find A cure H H H H H H

Angellica water: couz. clark

Take A bushell of damask Rojes: 4
handfulls of Angellica stalks & Leaves
4 ounces of Angellica roots 1 ounce
of cinomon one gallon of sack: slice
the roots thin & break the cinomon
In small peeces & sift y^e Rojes then dis-
till It In A limbeck draw 3 quart
of water & sweeten it with double
refine sugar: If you desire It stron-
ger put In one quart of brandy
to y^r sack 4 4 4 4 4 4 4

to make orange Brandy

Take y^e outside vines of 4 middleaged
oranges of any sort, put them into A
quart of y^e best brandy with some cloves
& cinomon keeping it close covered 48
houers then boyle A pint of fairer water
& when it boyles take it off the fire &
stir in to it half A pound of sugar & when
It is cold put it to y^e brandy, strain y^e
brandy first, then bottle it & stop it close
this is A very good stomach water

no milder Amber water
Take mint, balm, & many, & new
Angellica wormwood of each one
handful Strip & cut these herbs
& put to them of ~~any~~ ^{any} seeds sweet
fennil seed, carraway seed, codivide
seed, cardemum seed. ~~gentian~~ ^{Juniper berries}
~~Series~~ of each half an ounce bruise
the seeds & mix them with the herbs
& infuse all these in A gallon of
Aqua vita 24 Hours, then draw it
off in A cold still sented, or A Limbeck
ty up ~~at the~~ ^{with} ~~inferior~~ ^{trans} in A fine cloth
& let it hang in the bottle under
ye still till it is as deep & cooler as
y^e pleas, y^e may draw off y^e same
quantity of water as y^e put in
spirits then mix it all together and
sweeten it with Double Refined
negar as sweet as y^e pleas

Best many other swelling

Take a quarter of a pound of Lent
A quarter of a pound of Lent figs:
A quarter of a dram of saffron. put
the saffron in the figs & slice the
small together, then put them & the
rice into 2 new quarts of good milke
set it over a little fire & let it
boyle till tis thick & tender: then add
it on Accoth & laye it All over the
best As warme As it can be suffered:
let it vnde on the bras 24 hours with
out changing of it: And keepe using
it till y^e swelling is dispersed or vnde
for it doe both draw & mollifie: when
you take it out of the water put in
to it 4 pounde half an ounce of cinna-
mon -

this used so my sister best when
it was broke out in the lower they

For A Burn

By: Will

Take A pound of butter & melt it
When its melted take A handfull
of ground Ivy Leaves. 2 handfulls of
ye Leaves of Elder & 2 handfulls of
brier Leaves, thred y^m All together & put
y^m in y^e butter & when they Are crisp
put in half A pint of sheeps truckles
keeping it Always stirring when yt is well
mixt thred in one ounce of bees-wax
& when its melted strain in to A pot for
y^r use. ~~Its~~ A exalant thing for A
burn first cutting y^e blister & then
spred some of it on burdock & then
plantaine Leaves it will hee it with
out leaueing any mark; It hee the
p^rethed hand or lips by Anoint
ing them with it. & ~~It~~ (In Good)

A cure for chil blains
quench red hot gads of yron
or steel In your own water till
it boyles then put them with it
As hot As y^e can suffer & y^e &

for painer in y^e Limbs. - Which
Take ye outward rind of A yong Ash
A good handfull & boyle it very well
in A quart of beare or water which
y^e please, I drink A good draught of it in A
morning twice or thre A week ~~lying~~
in y^e bed for An hower After y^e you
may have A brething sweat. It has
ben known to recover those y^t have
ben bedriden — — — — —

A saving cure for y^e tooth Ache
Take 3 of y^e seeded tops of red
nettles & 5 pepper corns put both in
A rag And hold it between y^r teeth &
It will give ease immediately — — —

for A cancer: Or Glid
wet rags of lining, in y^e distill
ed water of whitelash & As they
dry wet them Again — — —

Mr Maclean) Admcrable good Lozanges
for A cough

Take red roses & pound them very
small & to An ounce of that take
A quarter of An ounce of Licorish
finely powdered, y^e like quantity of
Rosemary dried & powdered, mix it
All together with y^e yolks of 5 eggs
& A little rose water & As much double
refined sugar (sifted small) as will
make it into A pretty stiff past, yⁿ
stamp them in Lozanges with A silver
thimble & bake them on tin very
dry & hard & keep y^m in sugared
papers for y^r use, when y^r cough
troubles y^e eat one of them —

Syrup of Gilliflowers with
Juice of Lemons

Take your Gilliflowers & clipp of the
whites & when they are cleaⁿ clean off
cutt them again a little with your sciss^{ers}
& to A pound of these take About 20
lemons the clear Juice without the seeds
& put it to the flowers into a Galley pott
& if y^e Juice of 20 lemons will not quit

cover them you must put in so much
more as they may lye in a plash then
cover y^e pot very close & let them stand
coole & dayes turning them once A day
then strain them hard out & to that
juice take 3 pound of double refined suga
wet the lumps in water & boyle it to a
candy height then take it off the fire
& poure the juice in just as you take it
off & keep it constantly stirring till the
suger is quite melted & when it is quite
cold put in your bottle

The Leaver is a prety sallet with only
a little sugar to them

This is Approved by Mrs Stringer
for An Excellent thing In A Leaver

Mrs Sanders Angellica water
To A gallon of Aquavita take As much
Angellica As that will wet but most
of y^e stalks strip & cut them & add
Half An ounce of codiander seeds Bruise
& let them Infuse 24 hours & Distill
it ^{in a Still} & sweeten it with fine sugar

M. Siller, mint ma

To A gallon of Aquavita take as much mint stems & cut as that will wet & infuse it 24 hours & distill it. Either in A cold still or Limbeck mixing it all together when you sweeten it with fine sugar.

A paper for y^e stone
supplied by M^r Newark

Take of small stones y^e will find
in a coals heads pound them & sift
them to fine powder let y^e
afflicted party take 30 times a
day in a ~~strong~~ ^{strong} wine
with cold in a dram of white
French brandy, if they be warm
when y^e sift comes to on take it
in a glass of white wine or cider
it will presently give ease L.H.

A valuable cure for a
quincy approved by
the Newark.

Take a fine horse mouze & cut
it into 12 or 14 saucers y^e best
that comes from him & write it is
warm & use in readiness a small
chain of white silk cut in threads
about half y^e length of ones arme
use every one of these threads
in the little kind of wound by pulling
them up between your fingers then
lay them in a warm glass for
an hour or two & give it to
patient & they will slip down &
break easily. It works a speedy
cure

41 X 7 8 15 1/2

Leeds Jan 19

For Convulsion 4th

1st Remark -

Take 4 Rings of y^e girdle of
Jewels wash them wth clean
water lay them on tin & dry
them in A oven powder them wth
fine & give As much to the party
afflicted As y^e can take upon A
sequence In A draught of white wine
or wth liquor y^e please for A
man 4 must be 4 girdle of
Jewels & for A woman y^e girdle
of cooke

Continued / A strengthening ointment
of Mr Newark

Take 2 pound of unpalted butter
In 4th may month & clarify it
In 4th June 9 times parting it
from y^e ~~of~~ home which will be
drossy then take half A peck of
Camomile, two handfulls of y^e
tops of rosemary As much of common
sage, Lavender before it is bloomed
Fetherfew, & one handfull of
wormwood, shred all these as
small as possible: then take 2
quarts of black ^{new} mait cleane
washed put y^e mait butter &
leaves in A earthen pan A row
of one & A row of the other till y^e
pan is filled & cover over it A
pinte of y^e newest nettles cut

conce it close & put into A oven
After you cou'd breake & let it
stand 12 hours then strain it
out & when it is cold part it
from y^e bottome & we keep it
for y^e use: this is exstreemly
good to strenten y^e Limbs by
chafing y^e Joynt & for Any
palseical humore to chaf
y^e part twice A day by the fire

Approved Nov 20 - Eggs were
by Mr Newark good for A Rupture
take A good quantity of eggs & boyle
them hard then take them out of y^e
shell & put them into A bellmettle
scillet chapt small & put them over
wood coles keep stirring of them till
you see y^e moisture come out then put
them in A flaying bag & wring out the
juice with wich Anoint y^e part till its cured

A drink for the curing
of the back by ^{approved} men & women
Take 3 quart of ale milliga
sack 3 pound of y^e best claver
with outside & inside skins
taken of one handfull of chear
powd 2 ounces of plantain seed
put it over a soft fire & cover
it close Liting it just simmer til
one pint is wasted then let it
stand altogether 3 or 4 days
then strayn it & put to it A
handfull of knot grass half A
pint of y^e marrow that will come
A oxer back & 15 late stones
finely powdered & half An ounce
of powder of correll then boyle
it over a soft fire til A pint

It murthered it it stand ~~Altogether~~
Altogether & take half A pint
of it (slicing it that you may
have y^e powder in every draught
every morning half An hour
before y^e rise & y^e same quantity
when y^e are settled in y^e bed

A Tropical Diarrhoea drink
take two gallons of y^e best
sweet wort 2 gallons of whitewine
4 handfulls of Brown sage 2
handfulls of young tops of Broom
put it over a fire close covered
let it simmer till it is half
consumed then take it off y^e
fire & keep it close covered

kill it is cold then strain it off
& put it in bottles with 1 stick
of Licorish in each bottle & in 4
week it will be fit to drink
^{being close stopp}
take half a pint of it every
morning & At 4 o'clock in the
Afternoon: Applied to Mr
Newark to cure y^e Scurvey or
Any Watery Humore that
crises out of Any part of y^e
body

A nother way of curing of the
Back in women

Take a piece of an Elephant's tooth in
powder & drink it in water. wherein
seeds of cotton have been infused until
it is black. that it is quenched

for A man in that case

Take a Cup of Ripe Acornes soak
them in a powder & drink as much
as will lay in a sitting in any place
within 3 or 4 days following it
seldom fails

for worms

Take a Handfull of Peach leaves and
chopp them small & sprinkle them w.
vinegar & put them in to two little
bags then bind one to the stomach &
if easier to the Belly, & it will certainly
cure

to make Uguobayn
prepare y^e spirits thus, viz put a good hand-
full of Angelico & 3 quarters of a pound of
knizeed into three Gallons of Beer or Cider
Grounds, & soe distill it in a Limbeck
Into 6 gallons thus prepared, put 5 pounds
of Raisons, 5 pounds of figs, one pound of
Dates, 4 ounces of dried Squawbush, 5 ounces
of Nutmegs & 5 ounces of Cinomon: stone
y^e raisons, rub y^e figs in a cloth to cleane
them, cleane the Dates & take out their
stones & inward skins, scrape y^e Squawbush,
& then having bruised all these ingredients
grossly, Infuse them 2 days, stopping y^e
vessel close & stirring it twice a day
very well, then strain it thro a flannel
bag, & lancing colour it with Brazil
Saffron according to y^e own mind, let
it stand 24 hours & then pour it off
from y^e residu ent & Bottle it: A dram
of saffron colours A gallon of y^e Squawbush
this Approued by Couz. for Cough

Mr Babers Uguishan in Ale
when y^e Ale is workt very well to run
put in one ounce of y^e Ale, mix it well &
run it & stop it close, in A fortnight distill
it in to two wines, to every 2 gallons of
this spirit put A quarter of A pound of
Aniseeds one ounce of Callamus Aramaticus
steep them, distill this to one gallon, then
infuse in it half A pound of Clovevick stick,
when it is sweet enough to y^e pallet decant
it & couler it deep enough to stain A ship
with saffron bottle it & it will be fit to
drink in 2 months, & staler y^e Ale is
better provided it is not rancid. — —

Mr Babers A perill cordiall
take of Black cherry water of compound
mony water & penny water of each 3
ounces & sweeten it with one ounce of
sugar of pearl, this is very good in A
Spoonfull 3 or 4 times

M^r Babers Red powder

take A quart of whitewine. put it in in
A earthen pan, take pimpernell, ferment
Root & Leaves, Cardus, Bittong, scabious, of
each one handfull cut small, & put them
In y^e liquor & let it stand 2 days in y^e sun
covered, then strain it & take A pound of
y^e finest bolearmonical beaten very small
& sifted, mingle it with y^e liquor & so make
it up in little balls & dry them in y^e sun,
y^e doage is As much As will go on A shiding
(powdered) for A man or woman & less for
A child in Any cordial water. But especially
in plague water: it is good to strike out
Any infection or distemper, causes sweating
good for Any flux of blood. But it must
be taken 3 or 4 mornings together for
A flux, & but once for Any other thing

Mr. Haber's Infirmit water

take one gallon of Brandy & 3 gallons
of strong Ale, of galingale roots, melilot
flower, cubeb, carduus & grains one
dram of each sort. Long pepper one grain
cloves, mace, nutmeg, & ginger, of each 3
drams. Lent figs one quarter of a pound
Raisins of y^e sun & popps of each one pound
Boyle y^e spices wth one y^e raisins & slit the
figs & let it steep together one night,
next morning strill it in a Limbeck & let
it drop in a earthen pot on half a pound
of popps with y^e black Eyes night of 4 A.
pound of y^e best powder sugar, y^e may
draw 6 quarts good, & let y^e Limbeck
run very fast Approved

Caraway Water (Mr. Haber)

take A quart of French Brandy & one
quarter of A pound of caraway seeds
Crused, & shake them well together &
let it stand A fortnight in A Bottle & by
that time shake it once A day, then strain

out y^e seeds & put in to y^e brandy &
grain of muschanceel finely beaten, & 2
ounces of fine sugar shake it well &
Bottle it for use, & spend it on 2 of this
It very good for a cough Approved

W^m & vers) Simp of saffron
put half an ounce of saffron in a glass v.
half a pint of Anniseed water, stop it close
& shake it every day for 2 days together
then take half a pint of red wine
& half a pint of cowslip water & 1 pound
of loaf sugar & boyle it to a thump
then strain y^e Anniseed water & put it in
keep it over y^e fire till it is ready to
boyle & then it will put it up

Sinnamon Water W^m & vers
And y^e y^e sinnamon (pulle it's pieces & stamp
it close) in a quart of y^e brandy 2 or 3 days,
take A gallon of brandy 2 pint of spring
water & 4 ounces of sinnamon & put it all in
y^e cold still & wast it very close & stir it of
but be sure to keep A linnen cloth wet A top
of y^e still for y^e cooler y^e water comes off y^e
better & will yield y^e more spirit Draw
moderately if not to hot A fire under it

Lady Hewitts water

Tale of red rose, Bettony, spearmint, Marsh
Mallows, Bet well, Time, Baulm, pennyroyal, fennel,
celadine, water crocus, Heartsease, Lavender
Anise, Roman chamomile, callamint, tamaris, cat foot,
Anise, Calnia saxifrage, mallow, marth,
marshy, Rosemary, many Rabies, Egrimonie,
mother of time, Cardus benedictus, peltogy
of y^e wall, field Trines flowers & roots, of each
of these several sorts A handfull, After they
be clean pickt, of ~~the~~ rue, yarrow, Camphire, plantain
canomile, maiden hair, sweet marjoram, of
each of these A handfull before they be clean
nickt, Red rose Leaves, Cowslip flowers, yarrow
flowers, of each of these half A peck, fennel reed
Anise seeds, parley seeds, Caraway seeds of each
of these 2 drams, Carduus lignum Aloe,
mickard, Ellecompane roots, dried, melior
flowers, Calamus aromaticus, suberb sliced
thin, Galangal, Uevince, Zedaira, cubibz,
Grains, of each of these 2 dramt, Juniper ^{drum}
dram, Aramaticum Aspirum 7 drams, chena
roots one ounce, saxifrage sliced thin half an
ounce, wash All these before nam'd herbs &
twing them in A cloth till they be dry, then
cut them & put y^m in to calthion roots & in
the mids of y^r herbs put y^e recas, spices &
being being dryed then put y^e quantaty

of y^e Best Chevy sack to with some y^e herbs
& let y^e stand 24 hours After that put it
in to a Limbeck & make 2 stridings of it from
which draw 4 pottle of water that is from each
A quart. & in to y^e 2 quart glasses first put
cordials viz: 30 grains of Bezoar, 20 grains of
musk 20 grains of Ambergrisee, 2 drams of flower
of corall, 2 drams of flower of peawl, one pound
of heartshorn, one pound of sugarcandy, A little
bag of saffron as big As ones thumb. To each
of these glasses put one half of these
cordials, y^e Longer y^e keep it y^e better it will
be for y^e use If it be close stopd & often shake
After it is first made: its exalent good to
be given to women in travell, or to any one
tho. A high cordiall, Adore comforts y^e stomach
& (if needfull) will bring from death to life
It cures y^e head the 2 spoonfulls being taken
& lying on y^e bed A little time After

prostration

R^h G. H. G. H. G. H.

Elder water Courten 5th Lee

take 4 bushels of y^e ripe berries ready
pickt & break y^m to mash, then put them
in a deep tubb & cover y^m close: till they
have done working & y^e berries go to the
bottom (by stirring y^m once A day, which
will be q^u A fortnight or 3 weeks, then
draw y^m off in A Limbeck & draw from
them till y^e water comes lower, put it in
A earthen pot As y^e draw it, first putting
in y^e not these following Ingreedience viz:
of wild, marjoram, wild thyme, coustlin
flowers dried, mellilot flowers, the tops
of s^t Johns wort flowers & green, orange &
Lemon weed chipt Indifferently small,
of each of these one handfull, 2 ounces
of sweet fennel seeds, 2 ounces of caraway
seeds, y^e same of colliander seed, 2 ounces
of Anny seed, & 2 ounces of Juniper berries
bruse y^e seeds & berries & then draw this
off Again As long As y^e water is good & mix
all together: A sack will produce 10 quarts
of water, this is Appoynted for any scurvy
Humore or gripes either in y^e bowels or
stomack = y^e put some grounds of silt
to y^e left Ingreedience & will make
A better water —

M^{rs} Crocus Wallnut Water
or Aqua Cordelias

Take of spiritmint sage, balm, Rosemary
Angelica, Clary Verivine, Carimony, pimpernel
Sedum, Garden Rue, Bettonia Rue, Sweet
margerum, & the Roman wormwood (Lydard)
common hyrtle one handfull each
Dryd take half a bushell of wallnut
which they are green & tender once
them & a pound of Juniper berries
putre them in a Brecciant one
night in 2 gallons of old maligo sack
or brandy & 2 gallons of water then
Grind all these together in a Limbeck

The Vertues

It is good to remove Any pain from
head or stomach coming in & vertigo
dizziness & also Against A fever or
inflame If half a quarter of A pint
be Taken 3 or 4 times a day it is sweet

Lucatiliues Balam

Take of venice turpentine one pound, oyle
olive 3 pints, yellow Bees wax half A pound,
naturall Balsame one ounce, oyle of St Johns
wort one ounce, Red sanders beaten small &
very fine sifted one ounce; sack 6 spoonfulls.
Cut ye wax & melt it on ye fire, then take it
off Least it catch fire & put ye turpentine
to it being first washed 3 times in Hamack
Rose ^{or Rosemary} water, then mix & out all mix & put
it to ye wax & turpentine over ye fire & stir
it till it begin to boyle (it will be Apt to Boyle
too soon) then let it cool A night or more
till ye wine be sunk All to ye bottom, then
make some holes in ye wax that ye water
be run from it, which being don. set it on
ye fire & put ye Balsam & oyle of St Johns
wort to it & when its melted put in ye
sanders & when it begins to boyle take it
off ye fire & keep it continually stirring
for 2 or 3 houres that it may well mix.
& when its cold & thick, put it in cartons
nets & keep it for use (it will keep good 40
years) some put ye Balsame oyles sack &
sanders ye next day After its melted &
then let it boyle All together for A little
time =

The vertues of Lucatilis Ragum

It is good to heale any wound inward or outward being squirted in to An inward wound, & Applied to y^e outward with some fine Lint or Lining cloath Anointing y^e part about with it. But As it can be used, It taketh Away y^e pain keepeth it from inflammation & draweth out Broaken bones or any thing that may offend or fester it for y^e Bruise ^{again} Inwards, If y^e heart of Liver be not toucht it will heale, If nothing else be Applied, It heales Any Burn or scald, or any Bruise or cut being first Anointed. L. & A Lining cloath dist in it & Laid on y^e part warm, It helpeth y^e Head Ache by Anointing y^e temples & nostrills, It is good for y^e wind collicke & stitche in y^e side

Applied with warm cloaths 4 mornings A week, each morning A quarter of An ounce, its good Against poison & A rust, if it be taken y^e quantity of An ounce in A little warm sack. keepeth y^e biting of mad dog or any other beast, Its good to prevent y^e Plague by Anointing y^e nostrills & Lippes, helpeth A fistula in any part of y^e body be it never so deep, Applied As before, its good for one infected with y^e measse so it be taken frequently A quarter of An ounce

four mornings together in warm broth & sweat
Apoc it helpeth digestion. Anointing ye pit
of **stomack** & navill when ye party goeth
Aged it will stanch blood of A Lard wound
By putting A plaster of Lint on it & then
By tying it hard on ye part; take y^e
quantity of nutmeg in sack blood warm
it causeth sweating & will bring out clots
Aged to take away Aches, it helpeth it
to scurvy & jaund in womens Breests to
chaps in of nipples & wols that comes from
Breests & All sprains & swellings &c.

2 for heat or pimple in y^e face
Take the Liverwort that groweth on y^e wall
stamp & strain it & put it in to cream
to anoint y^e face, y^e juice of Liverwort
drunk in Beer warm it good for y^e heat of
y^e liver

3 A toad stone by gently stroaking y^e part
takes Away Inflammation & swelling from
Any wound made with venomous creatures
& presently draws out y^e poison

+ 1st Edward Hittles salve call'd y^e chief
of All mervs

Take Rosin eight ounces, virgin wax &
frankencence of each 4 ounces, mastick one
ounce, hearts suet 4 ounces, camphire 2
drams, beat y^e Rosin & mastick together to
fine powder, melt y^e wax & frankencence
& then put in y^e powders & when they are
well melted strain it through A cloath to A
bottle of whitewine & boyle it together till
it be thick, let it cool, & put in y^e camphire,
& 4 ounces of Venice turpentine drop by
drop least it ceam, stirring it still & when it
is cold make it in Roles Anointing y^e
hands with A drop of oyle to keepe it from
sticking to them = = =

y^e Virtue of it

It is good for All wounds & sores old & new
It cleauneth all festers on y^e flesh & suffers
no dead flesh to Ingender, It cureth y^e Head
Ache, by Anointing y^e temples, It helpeth
Sinnies that grow stiff or spring with hard
Labour, or wax dry for want of blood It
draweth out rusty Iron, arrow heads, stubs
splints, thorns, or what ever is fixt in y^e flesh
It cureth y^e biting of A mad dog or pricking of
any venomous creature, It cureth felines or
white flaws, its good for All festeringes

cankeers, & healpeth All Aches of ye Liver, spleen,
Kidneys Back, sides, Arms, Legs, & All bites blains
botches Impostumes or swellings in Any part
of ye body, teabts, itch, wrentches sprains, gouts,
palsies Dropsey & water between ye flesh &
skin, It healeth ye piter in man or woman, It
cureth ye bloody flux, If ye belly be Aunswelled
therewith, make A scurcloath therewith to
heal All ye Above mentioned maladies &c.

5 A plaster for An Ague
Take strong tobacco Leaf six draims, A small
handfull of covants & As much Boore greens
will make it in to A salve by beating it in A
morter of stone, when it beaten to A salve
take 2 pieces of sheepe Leather & spread ye
salve An inch thick on both of them & lay them
on ye veins of both wrists 24 hours before ye
fit comes, It cure for either quarter of
feverion = A scurcloath for A brouse
6 strain or wound

Take A pint of oyle olive, red Lead 8 ounces,
vergins wax 4 ounces, oymment of populion 4
ounces, oyle of Roses & camamile of each one ounce
let ye oyle on ye fire & melt ye wax with it, then
put in ye populion & other oyle & when it
melted put in ye red Lead, stir it well & let it
boyle till it be black, then dip in ye cloath &
Apply it as ye have occasion = = =

The Lead Plaster

Take 2 pound & 4 ounces of y^e best & greenest sallet oyle. A pound of good Red Lead & A pound of white Lead, beat them well to dust then take 12 ounces of castile soap, incorporate all these well together in A well glazed great earthen pot that soap may come upwards, set it on A slow fire of coles for one houre & half, still stirring it with An iron ball or round pumell, then make y^e fire something bigger till it be y^e colour of oyle then drop some on y^e board & if it stand neither to y^e finger nor to y^e board it is enough, then take Reasonable fine Roland of white Giances & a pecke & dip in it & when y^e have so don rub it with A flint stone. It will last 2 or 3 years & be y^e better as long as it will stick it is good =

The Vertues

If it be laid to y^e stomack it procureth An Appetite & Relieveth any pain there. Applied to y^e belly it easeth y^e pains. If laid to y^e rains of y^e back, it cureth y^e Blood & Lux, running of y^e rains, Heat of y^e Liver or heaviness of y^e Back. It cureth All bryges & swellings it taketh Away Aches It breaketh forth y^e Impostumes & healeth them. It draweth out any running humor without breaking y^e skin. & Being Applied to y^e fundament it healeth any disease there. Laid on y^e head is good for y^e eyes, & Laid to y^e

hens & provoked y^e terms & murther & the
conception - - -

8 A white salve for A Green
Wound

Take 4 ounces of frankincense, half a pound
of virgins wax, one pound of Burgundy
pitch, melt all these together in a pipkin over
A soft fire, stir stirring it & when it is melted
pour it in a bason of fair water then take it
out of y^e water & with oyled hands wipe it
well & rouse it up & keep it in oiled paper -

9 To Make oyle of Roses

Take A pint of y^e Best salet oyle, & 3 ~~quarters~~
quarters of A pint of Red rose Leaves &
y^e whites are clept off, put it in A strong
Carton pot, stop it close with watt, & set it
in A pot of boyling water till y^e think y^e
strength of y^e roses are lost, then take it off
& wring y^e roses through A canvas cloth
till they be dry, then put in new, stop boyl
& chiding them 4 or 5 times till y^e thin
it strong enough of y^e roses & put it up
for y^e use = It is very good for Any tumor
itch, swelling, or bruise, being chafed
in to y^e part by y^e fire = - - -

10

Oyle of Swallows

Take 2 dozen swallows out of y^e nest, a good handfull of Rosemary, As much Lavender cotten & As many strabury leaves string & All stamp All these together & fry them in may butter or rather sacke oyle till y^e rariness be gon. then put it in A Earthen pot, stopp it close 9 days & then fry it & wring it throu A cloath & keep it in A gally pot when y^e use it warm it And Anoint Any Ach^r or sinnew that do shrink =

11

A stitch in y^e side

Take A piece of white serened bread & toast it on both sides then spread one side of it with y^e best treacle y^e can get & cover it with A fine cloath & Lay it on y^e grieved part =

12

Syrup of Turnips

first Bake the turnips in A pot with household bread then press out y^e liquor between two plates put A pint of this to half A pint of Rysop water & As much brown sugar candy As will sweeten it & boyle it to A syrup. It very good for a cold or consumption =

13

A drink for A fever

Take spring water & Red Rose water
of each A pint & half, y^e Juice of 3
Lemons, white suger candy one ounce,
mix them together & give y^e patient to
drink 8 spoonfulls At A time till y^e
unnatural heat expire = = =

14

Almond milk for A fever

Take A pot of water, boyle it & let it
stand to be cleare then boyle in it violet
leaves, strawberry leaves & roots of each
A pretty handfull, & A good root of sarred
Allward, A crust of white bread, 2
ounces of Raisins of y^e sun stoned, boyle
this from A Bottle to A quart & with
50 Blanch'd Almonds & 30 pumpkin
seeds well beaten draw An Almon milk
sweeten it with suger to y^e tast & drinke
About A pint morning & Evening =

15

Almon milk for A Bloody flux

Boyle some mutton in water & scum
it well then put to it A handfull of
Ravage As much prunes, some cinnamon, &
whole mace y^e upper crust of A murchet
boyle this well together till y^e strength be
in y^e broth then strain it through A cullender
then take Jordan almonds & parch them as
y^e would pease & put y^e in & let y^e

Boyle 2 or 3 whalms, then strain them
thru A cloth & sepon it well with sugar
& A little salt let y^e patient drink of it
All hours of y^e day = = = =

16 The only Receipt Against
The plague

Take 3 pints of muscadine & Boyle
in it A handfull of sage & A handfull
of Rue till A pint be wasted, then
strain it & set it on y^e fire again,
then put to it A peniworth of long
pepper, half an ounce of nutmegs & a
beaten, then let it boyle A little &
put A pound of Treacle & A quart
of y^e best Angelica water, take of it
warm both morning & evening, A
spoonfull in y^e morning & half A
spoonfull in y^e evening All y^e plague
time & undegood it will recure y^e
for it never fails; It not only good
for y^e plague, but small pox, meazels,
& surfits = = = =

17 For A better
Take water of red hair & wash y^e
better often with it & it An Approved
remedy = = = =

18

Doctor Butlers preservative
from y^e Plague

Take wood sorrell & pick it from y^e stems
& pound it very well in a stone mortar &
then take to every pound of sorrell A pound
of sugar finely beaten & 2 ounces of
methredate beat them well together &
put it in pots for y^e use, take every morning
Before & After y^e infection for some time
together as much As A walnut = = =

19

Doctor Butlers Purging Ale

Take of tamarind two ounces, polipody
of y^e oak & rana of each 4 ounces, of carraway
seed & Anniseed each half an ounce, Liquorish
2 ounces, maidenhair & egrimony of each
one little handfull, scurvey gras half A
bushell, beat all these grossly & put it in A
coarse canvas bag & hang it in 3 gallons of
strong Ale, when it is 3 days old drink it =

20

A Cordial Water

Take pimpernel, Carduus, Angellica, scordiu,
scabius & dragon, still these severally in
A rose stid, & when yu have A pint of water
of each hearbs, mingle all together & distill
in it half A pound of venice treacle then stid
All together & mingle y^e strong with y^e small
6 spoonfulls of this water made blood warm
& given to one sick of y^e plague driveth

all y^e venum from y^e heart it is
excellent for y^e small pox or Any peccilent
feavor = = = = =

21 Amber pills for A consumption

Take venice turpentine one ounce washed
In Rose water, & six graine of y^e powder of
white Amber, mix them together & set them
In A clean not Wapen Jmbers, & let it not stand
too hot, take A drop & let it cool, & if it doe
not stick to y^e finger it is enough, then take
of powder of pearl, white Amber, & clove
of each A quarter of An ounce, of y^e inner
bark (powder'd) of An oak, A quarter of An
ounce, cinomon & nutmegs of each As much
& 3 ounces of white loaf suger, make all
these into powder & seeth them & put y^e
pills on to them, before y^e take them yⁿ
must be well purgd, & After take 3 of y^e
pills wrap'd up in y^e powder or what else
yⁿ will, & on y^e morning take y^e yolk of An
egg new laid, warmed & put in it As much
of y^e powder As will ly on a shilling &
tup it off, let this be used some time
& you'll find great benefit by it =

22 A medijon for y^e palsey
Take A pint of y^e strongest mustard, set
it in A oven till it be As thick As Aasty
puding, but y^e oven must not be too hot to
burn it, then set it on A chafindish of coles
till it be dry enough to make to powder
then mix half An ounce of betony powder
with it sweete All, with sugar candy to y^e
tast & take of it every morning for 10 days

23 To help Diggection

Take 2 quarts of small Ale, put to it
one handfull of Red mints, Red sage A
like quantity & A little cinamon, Let it
boyl soft till half be waisted, sweeten
it with sugar to y^e tast & drink A draught
of it every morning & Evening

24 Saffron water

Take 1 quart of whit wine & put
in it one night an ounce of saffron dyed,
In y^e morning distill it in A Limbeck or
glass body, & putt some fine ^{white} sugar candy
to drop on

25 A cordial Electuary for
staying of y^e stomack & shortness
of breath

Take A pint of y^e best Rony, set it
on y^e fire & scum it clean then put
to it A bundle of Ruyon Bruise it small
before you ty it, & let it Boile well till
y^e Rony tast of y^e Ruyon then strain out
y^e Rony very hard & put to it, y^e weigt
of A sixpence of Angellica root powdered
fine, powder of elicampane root y^e same
quantity, ginger & pepper of each y^e weigt
of 2 pence, Licorish & Aniseed of each y^e
weigt of 4 pence All beaten very small
severally, put All these in twis strained
Rony & let them Boile A Little space,
stiring it well All y^e time, then take it
from y^e fire & power it in A clean pot
till it be quite cold, keep
it close covered for y^e use, when you are
troubled with shortness of breath
take of it with A Licorish stick
Bruised & you will find y^e benefit of it.

26 A perfume Against y^e Plague
Take Angellica roots & dry them a very
little in A oven or by y^e fire, & then
bruse them very soft & Lay them in
wine vinegar close covered 3 or 4 days
& every morning heat A brick hot & Lay
y^e pot thereon, its exellent to cure All
infected herse or cloaths or to breath
over it in A morning fasting

27 To Make spirit of Cystovom
Take caliminta 4 ounces, orang peid 2
ounces, nep half An ounce, walnut blosom
half An ounce, rosemary flowers & tops
of sage of each one handfull, cystovom
one ounce, white wine one quart, distill
it in A Limbeck, this water is good for
sounding fits, weak stomachs, & rising of
y^e mother

28 A cordiall Water
Take 2 ounces of dried red gilliflowers
& put ym in to A pottle of sack, put to it 5
ounces of fine suger in powder & half A
scuple of Ambergrees in powder, put All in A
stone bottle stop it close with A strong cork
shake it often. After 10 days pass it throu
A gelly Bag, & give 2 or 3 spoonfulls As A
great cordiall, this way you make Lavender
wine for y^e mother & other distempers

29 A nother cordiall

Take 3 spoonfulls of mint water As
much muscadine & 2 or 3 drops of
spirit of sinomon, beat these well
together with 2 or 3 spoonfulls of
clovegilliflower spirit & give y^e party
now & then A spoonfull especially going
to Bed — — —

30 oyle of camomile

Stamp A good quantity of camomile
flowers in A mortar, put them in A pot
with some oyle olive, let it stand 12
days, then Bruile it A little on y^e fire
then press it very hard, & put y^e
juice in glasses & put more camomile
flowers to it Bruild small so keep it
for y^e use; It is good in glisters for
Aches that come of costiveness at Riwa =
geth swellings & Aches It cureth wearie
& Bruild parts & openeth all stopages =
oyle of Lillys is good to mollifie & stretch
sinews that be shrunk, is good to Anoint
y^e sides & veins in fits of y^e stone =

31

Clary water

Take 3 gallons of strong beere, the bottoms
 of 3 white Lones, 10 handfulls of clary,
 3 pound of Raizons of y^e sux stoned, 4
 ounces of Anniseeds, 4 ounces of Licorise
 y^e whites & shells of 24 eggs. Beat
 shells & mix y^m with y^e whites, distill
 it in A Limbeck & let it drop on suger candy.
 It comforts y^e stomack strengthen y^e back
 & procure Appetite = = = = =

32

Orangy Water

Take y^e pils of 2 dozen & half of
 oranges (civell ones) to A pottle of mallow
 sack, steep it All night, y^e next day
 distill it in a Rose still & let it
 drop on suger candy = = = = =

33

Milk water

Take A pottle of milk, 2 handfulls of
 cardus, one of mint, & half A handfull
 of wormwood, Let it stand All night & then
 distill it in A Rose still & let it drop on
 A quarter of A pound of white suger
 candy = = = = =

34

A syrup for A cough

Take one handfull of colts foot leaves;
 A handfull of hyssop, half A pound of
 Raisins of y^e sun, 3 large sticks of Licorish,
 one ounce of Anny seeds, half A ounce
 of fenell & carraway seeds, Boyl All
 these in 3 pints of Runing water till half
 be consumed, then strain y^e Liquor, &
 boyl it with A pound of sugar candy till
 it come to A syrop, drinck of it as often
 As y^e cough troubles y^e party especially
 going to bed ~~Amended~~ = = =

35

to stay Vommiting

Take A piece of sheeps Leather As big
 As ones hand rub it over with spirmint
 leaves brused then spread on it oia
 quince marmalet & throw on it powder
 of mastick, & Aply it to y^e pit of y^e stomack
 it will stop A Loosness if put to the
 navill = = = = = (Amended)

36

Plague Water

Take of Rue, Rosmary, Red sage, Selandine,
 dragon, Angellica, wormwood, mugwort,
 betony, scabious, termintia, ^{or salvia} Egermory,
 nimpornea, Liverwort, fennel, Paxafrage,
 Red mints, & vervain, of each of these

one pound of gention Root one ounce, A
good handfull of Rosca solus, & A quantity
of treacle, shred ye hearbs & steep ym
in 3 gallons of white wine 3 days, & 3
nights, then distill it in A Limbeck with
A soft fire, taking ye first running by it
self, for ye 2^d is not of so great vertue.

37 Doctor chambers his Water

Take 2 gallons of y^e best white wine, ginge-
ber, galengalls, cinimon, nutmegs, grain, cloves,
Aniseeds & carraway seeds of each A dram,
Sage, red mint, roses, time, peccatory of y^e wall,
Rojemary, wild time, camomile, & Lavender, of
each a pound, then bray ye hearbs & spices
small, & put ad in ye wine & let it stand 12
hours, striving it divers times, then distill
it in A Limbeck, keep ye first water by it
self, ye other has not so good vertue,

The vertues of it

It comforteth ye stomach & vitall spirits
& Relieveth inward diseases It is good Against
ye shaking palsy & contraction of sinews it
Killeth worms in ye body, It Relieveth stone
in ye valve of ye back, & in short time ye
stinking breath, ye use of this water so it
be not too often will keep one in good health
& comfort ~~that~~ nature wonderfully. witness
it Dr. chambers preserved his life till extreme
old age & As he was sick At Any time never
used any other. At ye

set it in the sun At summer it will be
ye better = = = = =

38 Aqua mirabulus

Take cubeb, galingals, cardamum, melicot
flowers, cloves mace ginger of each one
dram, & cinomon of like quantity. Bruise
all small, & Juice ofcelandine one pint,
Juice of thir mint half A pint, Juice of
Balm half A pint, sugar one pound, coustard
flowers, Roymary flowers. Burage flowers
bugleas & marigold flowers of each 2
drams, ye best sack 3 pints, strong Angelica
water one pint Red Rose water half A
pint, Bruise ye spices & flowers & steep
them in ye sack & Juices all night, ye
next day distill it in A rose still &
first Lay hearts tongue Leaves in ye
bottom of ye still, pass ye still very
well (Approve)

The vertues

It preserveth ye lungs & helpeth ym
when they are wounded, It suffereth
not ye blood to putrify but multiplieth
it, It easeth ye heart Burn, & mellancoly
& spleen, It expelleth rheume, preserveth
the stomack preserveth youth & increaseth
A good colour, it preserveth ye memory

& destroys y^e palsey, If it be given
to one dying one spoonfull will revive
them; In y^e summer use one spoonfull
In A week fasting & In y^e winter 2
spoonfulls

39 A water for y^e recovery
Take one handfull of sage, Egvimony,
scabius, penivoyal, spirmint, watercresses
half A handfull of Rue & mead fennell, A
ounce of parsley & fennell roots, A handfull
& half of sturvey graft, distill all these
in milk, let y^e quantity be 3 quart,
ye may put in An ounce & half of Rors
Radish roots, & may use malliga sack in
steed of milk & put in 2 or 3 oranges
cut in piesses & it will be more cordiall
where there is no feavor: still it in a
roje still & sweeten it with sugar candy,
40 for y^e nine colick

Take perely seeds & bruse them &
teeth them in sack drink it warm
when ye have y^e pain

41 To Break an Impostume in
the Stomack or throat & to
Spir it out peice meel

Take new one handfull, & At much
penivoyall stamp these & strain out
ye quice mix it, & to every 2 spoonfulls
put 3 spoonfulls of Aqua compozita,
take 3 spoonfulls every morning 5
days together, If it rise in y^e throat
like A puding, drink one spoonfull
At noon, It will rot y^e bag &
carrye it to void peice meat, this has
ben provd by one that sounded 3
times in one hour with y^e rising
of y^e bag in y^e throat; keep it in a
great Velvet, if you use it 8 or 10
days together it will produce y^e
greater effect =

To Make y^e Aqua. Compozita
Take Rosemary tops, fennell, Glysson,
broad lime, sage, Rorhound, of every of
these one handfull, penivoyall,
spearmint, margarum, of each of
these six croppes, Enula compiana roots,
Lyronick & Anyseeds brased, of each of
these 2 ounces, put All these to 3

think fit & take As much of y^e red
As y^e Butter will melt then mett it
over y^e fire & not let it boyle & set it
away till y^e next day, then just boyle
it Again & set it till y^e next day then
boyle it Again till it be of A scarlet
couleur & strain it & keep it for y^e use
It's good for A Bruise to be taken inwardly
3 times in each y^e signess of A nutmeg
At A time & outwardly to Anoint y^e place.
60 Sirup of Roies

Fill A silver Bason 3 quarters
full of rain water or rose water then
put in to it A convenient quantity
of damask Roie leaves clipt from y^e
whites, then set it on A pot of boyling
water & stifle it close for 3 quarters
of An hour or An hour & you'll have y^e
whole strength of y^e roies & tincture,
then strain out y^e leaves & wring them
hard, then infuse more roies 7 times
then make it in to sirup & it worketh
very kindly = you make most flower
syrops in this maner = = = =

61

for A cough or A Consumption

Take A pound of Ellicompane
roots draw out the rath & boyl them
in 2 waters till they be soft when
its cold put to it A like quantity
of ye pulp of rosted pipins & 3
times their weight of brown suger
candy beat to powder stamp All in
A mortar to A conserve whereof take
every morning fasting ye signes
of A walnut for A fortnight to
settle & after eat 3 times A week
All these from my mother
& mess abroad to her
An ointment

Take half A pound of hoggs
lard & A good handfull of
groundrell boyle it well together
for An hour then strain it in
A gally pot for y^e use some nations
add to it is best

A Ledd plaister

Take 3 quarters of A pound of
Red Lead & A pint of ye best tallet
oyle, boyle these over A soft fire
for 3 hours then strain it throu
An indifferent fine cloath in to A
pail of water & As it cools make
it up in rolls, use it As A plaister
with ye forwaile dyntment of ye
wound requires fenting, melt A
little of this plaister in A spoon
& dip A roll of Linct in it Apply
it hot, It has cured severall when
nothing else woud & It Appeard by
one that was very neer having
his Leg cut off.

Enter Roman Receipt for
A round or Sharp humors

Take A pint of y^e best white wine
27 niger & set it over A Gentle heat in
A glazed Earthen vessel put in it one
ounce of sal Armoniac powdered, & ere
let it continue till it is dissolved which
will be in A little time, then Boye A
little starched in it to give it A color
& when its cold keep it in bottles for
use.

The Lime water
Take A stone of unslaked lime &
put it into A vagon of water till it be
saturated then let it stand till its
cleere then filtre it through cap paper
for use, 3 or 4 parts of this water may
be Added to one of y^e other to temper
it that it may not be too Active
which must be At y^e discretion of him
that uses it, only this may be observed
that it neerer y^e sore it being used the
weaker y^e water ought to be —

How to Apply y^e water to
the sore

you must wring some of it in A Towell
then wet A fine runced in y^e water
& lay y^e Towell y^e wound & upon that y^e

make a good piece of Lead being made
as broad as will cover the wound & being
laid there be kept there until it will
be a good time to be removed
bath it above & below & upon the wound
dressing it twice a day. The lead must be
of that sort which is made in
for wounds & swellings. The person
must take purging pills several
times when the wound is in cure &
carry it off the quicker from the
humors (Approved)

Ague, Sanguine, or Bilious

Remedy

Take ginseng of 2 lb. & yucca. Infuse
them in 4 gallons of canary. Some free
froners half a pound. very flowers
ounces, let them infuse together & then
distill it in a Limbeck, then put to
spirit peony roots two ounces, & h
victrolac & dictamnium, of each 2 ounces.
myrtle of y oak & yve of each 2 handfulls
peony seeds ten drams, yve roots three drams
half. Castor two scruples, Cubbs & mace
each of two drams. Cinamon An ounce & half
preparat spirit three drams, rosemary
six pounds. of Stechader & Lavender of each
pounds. flowers of St John Conclips And

gill. Laver of each eight pounds, mix &
3 Gall. Chlorides two parts, mix. A second
distillation which keep for use (Approved)
One Dose.

Heale Water

Two quart. of a Juice of green Nuts
of vve three pint. of Cardus, many will,
& barm of each a quart, ye Roots of Butter
burr a pound & half, of Burdock, Angelica, and
motherwort, of each half A pound, scordium
leaves four handfulls, Venice heale. An
mithridate of each half A pound, of Canary
or spirit of Wine A gallon & half, Vineger
three quart, Juice of Limons A quart, distill
it After two days digestion -

The vertues

Baccharis Water

Take parts of full of Baccharis Root
 Rue & mugwort of each a quart savine
 three handfulls, featherse rep. per
 -all of each two handfulls, Basil, dittany o
 -everest of each a handfull & half, pie
 of wines, mixe two ounces, castor An ounce
 anary or spirit of wine A gallon & half
 digest them four days & then distill it

The vertues

It is good

Gentian Water

Take A pound & half of gentian Root, ye
 Leaves & flowers of ye lesser centaury of each
 a ounces, steep them in a gallon & half
 of spirit of wine or white wine for three
 or four days & then distill it in
 a limbeck. An exalant thing for ye
 wind & creates An Appetite & cleanses
 ye blood.

Milk Water

Take meadow sweet, carduus, great rue,
 of each six handfulls, mint, & wormwood
 of each five handfulls, rue three handfulls
 Angelica two handfulls, bruse & charbe

to which add three gallons of milk &
still it in A cold chā, yt it may good in
A feavor

Almon milk for A feavor

Take half A pound of french Barly q^d
in several waters & keep it last water
to make y^e milk with, then stamp
half A pound of Ramons fine with
A little of y^e Barly water keep them
from cooling, & then put them to y^e
rest of y^e water & strain it, then Add
it A Little & sweeten it with Loaf
suger & give it y^e party warm —

An Excellent water for A Consumption

Take A pint of new milk & pint of
good Red wine, y^e yolke of 24 eggs beaten
in y^e Liquor, then slit it as much fine
manchet as will drink up y^e liquor
then still it in A cold chā with A soft
fire take A spoonfull or two of this water
in all drinks or broths that y^e sick
party doe eat or drink for A month
together without intermission

A Recipe for a Concoction
Take a Red Deer's foot & cut him in 6
or 7 pieces & wash him clean, then
take pepper & coriander seeds & cloves of
10 lb. & set three or 4 leaves of
linen in a vessel, mix them & come and
then live out very much then put
all her in a bag & it will be a
part of medicinal & put it in a
bottle of boiling water, stop the mouth
of it & put it in a fire & put it. Let it
be a space of 12 hours then strain
it & mix it with 2 or 3: & mix it
of it & take it every morning
fasting - Approved

For a Colic in a Child
Take a few Tares & mix it with 6
or 7 lb. of water & mix it with water
of cast. & wash it with a little
white wine, & mix it with
a few them for a few in a glass
eat them in a morning

Mr Langton: For y^e Rickets

Take three spoonfulls of Rarts tongue
water (cold stilld) & 3 spoonfulls of maiden
hairs water, of ouelkermis As much q^a
quantity is A large peare & 3 or 4 drops
of spirit of sulpher & 2 or 3 spoonfulls
of syrrop of gilliflowers, mix all these
together & take it 3 mornings fasting
Mrs Waltons Remedy

Take 3 pound of Brandeys to 1 gallon
of Brandy byatt it in a bottle or jar
close covered let it infuse till the
goodness of y^e raps is out, y^e put in
A fine sugar to y^e taste & y^e strain it
through A gilly Bag, if may put y^e
sugar in with y^e raps if y^e pleas

Approved

Mr. Boelands Licorish Balls for

A Tussick

Take one pound of ye greenest Licorish & scrape off ye outside then scrape all ye other & beat it in A mortar & pull it all A sunder, so put it in to A silver tankard & put to it half A pint of Ruyus water & As much colts foot water, & ye like of Red Rose water, Let it steep 2 or 3 days, stirring it often, then strain it out hard & Beat ye Licorish over Again & Add to it A little more of ye 3 waters & then stir it About & strain it to ye rest of ye Liquor As hard As yⁿ possibly can, then set ye Liquor over A chafing dish of coles & Let it boyle As fast As yⁿ can, continually stirring of it, when its half consumed put in by degrees half A pound of double refined sugar finely sifted, Let it boyle till its thick enough to Role up in round Balls then take it off ye fire & put in to it one grain of Ambergrees or musk powderd, & 3 drops of oyl of sweet

Innuiced. keep it stirring till its pretty
cold that you see it stiff enough to be
solid, set y^e Balls in A stove or warm
place to dry & Always keep them in
A warm or dry place or else in wet
weather they will run

Mrs Newarks Back Plaster

Take of Bees wax, white Spanewine
Borondy Pitch, oxacrynes, & Parayulphus of
each 2 ounces, half An ounce of spermacety.
put All there in A Earthen pipkin over A
soft fire & when All is dissolved put to
it one penny worth of venice turpentine
& half A nozen of french Brandy. take
care that it doe not boyle over to Letch
A fire, Let it boyle till it drops, stiffen
strain it in to ^{water & wine} ~~water & wine~~ ^{it} ~~it~~ ^{keep it in a cold place} ~~it~~ ^{spice}
it on sheeps Leather or new dooles, y^e
turpentine must be washed very well
before you use it; y^e same Angredience
Added to half A nozen of oyle of

spick, half An ounce of oyle of mace
& half An ounce of Natural Balsome
Being Boyled with it is Excellent good for
A Bruise or sprain, & for A pain of the
Stomack. Adding An ounce of coming seed finely cut
& melted together & Applied

M^{rs} Newarks Agre Plaster
spread Burgondy pitch on sheeps
leather y^e rug side, then Lay on
that half A dram of saffron, then
over that A little Venice turpentine
& put it on y^e Haved 2 hours before
y^e fist comes = - - - - -

for y^e Piles: M^{rs} Newarks
make Alom. myzet & Apple y^e
Cura to y^e part is hot American
suffer it, - - - - -

To Kill Worms in Children & to
Bring down A Big Belly

To one pound of gorse greens take
one handfull of maiden Leeks Bitter
& ~~the~~ One handfull of Rhen. one of
wormwood, & one of feather fern shred
the hearts & put them to y^e greens in
A new pipkin over A gentle fire & A
quarter of A pint of vinegar. Let it
simber till y^e hearts Are soft, then
strain it & Add to it A quarter of
A pint of vinegar more. & half An
ounce of y^e Apple of Colligantita
(with some of y^e seeds taken out) then
Let it boyle for A quarter of An hour
& strain it. After it is cold part
topp from y^e bottom & keep it for
use for y^e worms Amount from y^e
breast down to y^e Navell. & for A hard
belly Amount 2 Rely All over but not

touch y^e Navel —

A nother for ~~the~~ An Agre
Take sheepe Leather or Lonies & sprin
it with venice turpentine, & if you
on that y^e powder of Leberun ^{on a gum} & put
it to y^e warts

For A Breaking out, An Ache
face or head

Take one pound of primrose Leaves
& 2 pound of y^e flowers. Chopt small,
then Add to that 3 pound of Boon Ghee
2 pound it All in a mortar, then set it
in a Celler & Let it stand till it is
moldy then melt it & strain it &
Add y^e same quantity of Leaves &
flowers Again, then set it to be moldy
& melt & strain it Again, then put to
it 4 ounces of New Bees wax & 2 pen
worth of white unguinton, set it on
y^e fire & when that is dissolved, put to
it A quarter of A pint of y^e Juice of Celendine

Let it be boyl & its fit for use
It must be don on A gentle fire or
else it will spoule y^e col^r. Ancynt
1st part As often as y^e find occasion

A Tricke Trinke to purifie y^e B^l
Take saffron 4 ounces. Cinna 2 ounces
saffron, Licorice, Anniseed, sweet fennell
Rd. & harts horn shavings of each 3 ounces.
Boyl these in a gallon of water & half of water
till half y^e water is neer consumid strain
it & drinke it as common drinke. y^e may Add
to y^e ingredients a handfull of broom rape
2 or 3 ounces of rose to cause A gentle purging

To Make Hungarye water. Iy: Wiltis:

Take of y^e best of white wine 10 poundes
quantity of y^e wine. And likewise
of y^e best of white wine & spirit and let it
stand 10 dayes & then straine it
and drinke it as common drinke.

M^{rs} Carew for A Childs sore head
take y^e peth of Levord Bread & Boyle it
in fresh cream till it turnes oyley then strain
it & Ancint y^e head with y^e oyle

Mrs Caven Lin worms in
Take of y^e root of y^e mulberry tree & dry
it well then powder it fine & give As much
of y^e powder As will lye on A string in
Any thing that y^e child Likes. 3 mornings
fasting -

Heu's his Diete Drink to sweeten
y^e Blood

saryapanilla rapt 4 ounces; ranafray 2 ounces.
sarts horn & every rapt. of each one ounce.
Licoriz one ounce: Signum vite chips brook small
A half A ~~small~~ Raisins of y^e sun stoned 2 ounces:
Nature All on A gallon of spring water All night
in A gentle heat. Boyle it y^e next morning till
it comes to 3 quarts. Drink of it A good Draught
mornings fasting At 4 A clock in y^e After noon
& going to Bed, continuing it A fortnight. Boil
y^e ingredients After in y^e same quantity of
water & take it As common drink: for A week
Brew Add 2 or 3 hundred or Loops to y^e
same ingredients

Sign of Soley is An Exatent thing
to mure A child for Any Breacking
out Chinnors by me from 10 to 12 quarts
for one day & 1000 in Eliz. Jones
Oliver

Worme Bark for Convulsion fits
slit ye ears off a Black cat & whip them, to
make them bleed & to a sucking child give
half a pound in sweet milk to a weand child
in other milk.

Worme Bark for Convulsions
Take a female moid Alive in March being
big with young slit her down ye belly &
take oute all her Bowels, ^{except ye gall} & young ones put
it all in to a Earthen dish & drive it in a
oven tiller household Bread & then powder
it fine & give of ye powder As much As will
Lay on a pence in Any thing if child
eats, to a grown person a greater quantity
Black chery water is best.
Aunt Clarke's State Drink for A coryza
or for tula

Take of Red sage 2 handfulls & 1/2 lb of wormwood one
large handfull, 2 pound of Lignum vine shavings
one pint of wood Lice put all these in to 5 gallons
of middling Ale After it have done working, & in
5 or 6 days it will be fit to drink = drink it in
the morning & fast in the evening after
After noon, & at night

Take Hide for some
Take 2 handfulls of Red sage one handfull of
Roe A few tops of wormwood, some of each
Beat all these together & put it in a cloth
of new lye after it has been washed, let it stand
4 days & then wash it in a clean cloth
for a month without intermission, & you shall

M^r Newarks Sal Ointment

Take A quarter of A pint of Tar, A quart
of A pound of mutton suet, A large handfull
of Celladine pounded & take 1/2 pice of
Gt. half An ounce of Argemone sliced thin.
Simmer it all together over A soft fire till the
suet is melted, then take it from the fire
& stir in to it 2 ounces of Unguivintom
newfratom, then put it on the fire again
& let it just boyle up, strain it in to pots
for use it will keep 40 year good & is
very good for better, Gtch, Ring-worms,
Or any scurbutical Humore

Oyle of white, (M^r Newark)

Take A handfull of white & put it on A smother
Anvil & put A hot fire on it & there will come
out An oyle which y^e must strike off with

A feather in to A ~~plate~~ plate or saucer, use
this with y^e green of A Bucket well mixt
together & Anoynt for y^e shingles with it
It A present remedy, If y^e can get some ¹⁰⁰
of A Black cat & put with it it will be
better, y^e oyle y^e may keep as Long As y^e
pleas, but y^e must mix it when its wanting

12th Newmark for An Aymer

Take A quart of y^e best french brandy one
pound of Lent figgs, slit them but not quite
open them, then fill them with white sugar
candy, cassia seed, & Caraway seed. A
small handfull of unger seed. 2 or 3 tops of
Rose mary, put all of it in to y^e brandy An
to A Brada Bacon or skillett. Just warm it
set it A fire & with A fire keep y^e fire
continewally turning & when it will burn
no longer, give y^e patient 2 or 3 of y^e glass
& A spoonfull or 2 of y^e liquor Every Morning
fasting & At night going to Bed, shaver
it A stick of Arovise About 2 ounces with
y^e rest of the ingredients (Anoynt) — —

1. Plaster for ye stomack for
Be M^r Howard

Take half an ounce of English saffron
of & powder it, 2 ounces of Bees. Wax, 2 ounces
of white Frenchence 2 ounces of y^e y^ement
of Marsh Mallows, one ounce of oyle of Mace,
one ounce of Commin seed finely powdered
& sifted through a fine sieve, Let it all Boil
tillly over A small fire, then strain it through
A fine rag in to A pot for use, it must be
spread on sheeps leather cut in a shape of a
hart & put to ye pit of ye stomack with y^e
point Apparey

(M^r Wright) for the Stomack

Take 2 pound of unalred Butter, one penny worth
of stone frimment finely powdered, one penny worth
of powdered ginger, one penny worth of y^e y^ement
of A handfull of Foxglove leaves, & A handfull of
tops that very small. Boyle All these together A p^rov
of An. hour, then strain it & keep it for use Anoint
with it 3 or 4 nights successively all over y^e Body
but not y^e head, & wear y^e same lining 14 days
then change & wash in warm water & change y^e
cloaths; before y^e Anoint y^e myt take y^e powder
of Brimstone in milk 3 or 4 mornings

M^r Newmarks Green Urice

Take of Cammamil, feather fern, Rosemary
Coursmary, hearts ease green & flowers: golden
Klein valerian or chavity, ~~bagge~~ ^{bagge}, Balsam
tree leaves, Ladys Red straw, Ladys Mantle,
St Johns wort greens, St James wort, speck
of lavender wort, Mouse hair, Adders tongue
Parepells Conzound, Jacobs Ladder, Knot Grass,
shepherds pouch, green marianum: niges Ryon
philippendula, pile wort, pellitory of ~~it~~ ^{it} ~~vir~~
origin. A small handfull of each ~~each~~
~~of each~~ of these herbs, but double y^e quantity
of valerian, chop it All As fine As dust, & put
it in to 3 quart of y^e Best Rasing type put
it in A glass jar close covered in y^e sun 3
or 4 days, then put it on A cool sceller &
let it stand from y^e beginning of may till
y^e latter end of June, stirring it some times
that y^e herbs may not be moldy, then put
it in to A bason over A chafindish of coles &
let it simmer over A soft fire. & As it

timbers squeeze out y^e hearbs by degrees
through A Jelly Bag, then let it st^d
A little time & strain it All out, then
let it stand A Day or 2, then part it from
y^e bottom which will run thick, keep y^e clea^r
by it self in A Bottle for y^e use, y^e extract
in Braces, All maner of swellings, pains in y^e
Bere & Seafrep. drop warm in y^e ears, 3 ~~times~~
spoonfulls drinking warm Ale or wine after it
is very good for y^e stone or gravell, y^e hard
~~stones~~ ^{cruses}, taking y^e same quantity, it is also
very good for. you must ~~add~~ ^{add} handfull
of mellelot, & A little handfull of pimperna
& wormwood, y^e thick bottom is as good as y^e
clear oyle for Arches or Braces to draw it
warm on y^e part, Add to y^e hearbs y^e same
quantity of yarrow, clovies wounds wort &
cloune All heal.

W^h for y^e gut

Ale of y^e p^{er}fect of y^e oak, *Larva viridis*, China
w^h *Alumina* is of each of y^e names, powder the
hermodactyls & slice y^e other ingredients very
small & put them all into an addition of y^e ale
then take 3 pints of white wine & a pint of water
put y^e ale up then pour in y^e white wine & ale
is one turn pour it hot on y^e ingredients & cover
it down hot for one night, then strain it fine
off & bottle it.

2 pints of white wine & six of water to be used
in like order & infused on y^e same ingredients
for 2 nights as above.

Drink of y^e first Infusion fierly, as often as y^e
please, at medd^l & only intervals of eating drink
nothing else, fasting & sweat, nor eat any salt
or spen meats of any sort, retaining fast before
break medd^l & taking a gentle p^{er}ord every fourth
day, then drink of y^e 2^d Infusion. Likewise wine
of same regimen.

for A Diet Drink

Brew about a gallon & half or 6 pints of Ale
Ale & boyl y^e sliced ingredients some time in y^e pot,
but put in y^e hermodactyls After wort is taken off
& After A days steeping or two, pour it off from y^e

Ingredients Int. to Life & Vigor & Livers & will
As soon As its fine drink it once or twice a day
prevent, as well As much oftener to remove ye gut -

A Diet Drink for a Remedy
In Any part of ye Liver

Take of Coloporian of blackish
A pound, Licorish 4 ounces, Racks
pound of Lent Herbs, Racks & Racks of
Raisins stoned, Cassia 2 ounces, & Senna
Root of each 2 ounces, guaiacum
Roth wood & Bark Racks & Racks
tassafras 4 ounces, Caraway seed
2 ounces, Anniseed 2 ounces, Bruise
ye seeds & slice ye Racks & Racks
Put it over a soft fire with
20 quarts of spring water & let
it simmer till About 8 quarts is
left, take it off ye fire & strain
it close till its cold, then strain
it off & bottle it, Drink half a
pint every morning fasting.

At Night going to Bed, till At
k don, for murthering some times
An y^e time of Drinking of this
take A quart of y^e same liquor
th^e head it boyling hot, & put to
it 2 ounces of Alexander seana
half An ounce of Spanish Aubin,
A quarter of A pound of Blev
cranda, pour y^e liquor boyling
hot on it & keep it in y^e vessels
all night, in y^e morning strain
it off & bottle it, 'twill keep good
for A y^ear & 7 year, & A drawer
of A pint is A proper quantity
for A man or woman, less for a
child, y^e need not keep to A trike
diate nor within doors only keep y^e
self warm. Approved by M^r Henry

Take some white Turp & put it up in
A thin bag & tie it & squeeze it in every
thing y^e want to cure & drink it being
ye best thing in y^e world to kill y^e stone
Dix & Abate y^e flavor Approved by
M^r Newmark

Pile, warts & dead mans hand is very
good to be taken & infused in Brandy
for y^e evil - A Clifton infusion
being first bruised & put in Ale one
night is very good for y^e scurvy
to drink constant As A drink to
by M^r Newmark

Myrrique water - some M^rs says

Take of Myrrique, & of Souchandel each one Dram
infuse them in a quart of good Brandy & let it
stand for the fire or in the sun - A coffee dish full
is good to carry off the pain in y^e stomach & is a
gentle purge. Direct it to y^e throat when y^e drink
it you must squeeze y^e Bottle - & y^e filter in a bag
while it is infusing

Orange or Lemon Juice with Cress
the 4 gallons of spirit put in 16
or 20 oranges pared skin added it is
done As it is to be used & it is
not necessary to put a quantity to be put in
Make it up with spring water & then
sweeten it with 3 quarters of a pound of
Loaf sugar - (Approved)

M^r Page for A Loosness
if powder of salamoniac be mixed with
Lye on a stone & water of Roman is made
As you can take on the point of a knife put
it both in a quantity of powder & give
it to the party affected it will stop it
immediately increase the quantity to
find the strength of the constitution

M^r Zelik for Constipation fits
mix An Equal quantity of flower of sulfur
Red sandell fine powdered loaf sugar & single
Peony Roots or seeds powdered & give to much
to a young child as will lay on a silver penny &
proportionably more to the Age of any other person
in any figure of the like. The single Peony seeds before
they are quite black hanging on a thread & were
round the neck cures violent head ache As approved
by the

M^r Woggs Pills for Hystericks

Take of Galbanum, Asafetida And Castor of each
A Dram & half, An ounce of olde Methridate, Beat
All together in a mortar till they Are well Mixt, make
it in pills of y^e bignes of A fetch & take 2 or 3 water
of them Every morning & Night for 9 days following
& when y^e have rested 9 days, take them Again
for 9 days more & soe continew this method for
~~Three~~ or A month or 6 weeks (Approp^r).

~~Woggs~~ ^{Woggs} ~~Heene~~ ^{Heene} ~~Green~~ ^{Green} ~~Cyathus~~ ^{Cyathus}
Take of the leaves of bay of bay wood of each
one pound well hew & removed of each
of these yeares, can pound, and as many
pound of mutton feth that is, pound of each
mimicall in it, her is a feth to be gathered,
then pound it and add to it ~~3~~ 4 pound of water,
foot oyle put all the in a pottence in to an
earthen pan and let it stand, nine days stir-
ring it every day, then strain it on a pottence to re-
fine the vertue, or cat it in herbs then strain
it and add cold flegencies of y^ele of y^ele,
then strain it together and put it into a pillage
for use

it cures a scald or burn its good for all
Sorts of Swellings from cold it cures all
Griseous in the Bores its good for y^ele
Children that have flegencies to do with their
maill, its good for sore breasts to do with them.

M^{rs} Kees playster

Take Saum, Dervine Pimperned, strip
brued ~~and~~ ~~stop~~ As much As can be
boyled In 3 pints of y^e best strong white
wine An Equall quantity of each heerb,
liting ^{it} boyl till y^e liquor comes to A quart
(silver or bell melle it must be boyled in)
strain it out hard in to y^e skillett & put in
y^e liquor half A pound of fine Rozen Beat
to A powder 2 ounces of vergins wax melle
In breest milk half An ounce of magick in
powder, keep it boylling & stirring till its well
mixt, then take it off y^e fire & stir in to it
4 ounces of Venice Turpentine & keep it
stiring from y^e fire till its cold enough
to rowl, keep y^e wine that will settle to y^e
Bottom to wash y^e sores, rowl them up to
keep, & put them in oyle papers to keep
in. from drying too fast. Its y^e best
playster to draw & heal in y^e world

An Eye water

Take of white eye water & plantaine water
A Like quantity, of white copervis the bigness of
A small pee, then take of shell of A new Laid
egg with y^e inside clean taken out & fill it with y^e
water, & put y^e copervis in to it putting it over A clew
fire, see that it may not boyle over till the
copervis is melted then strain it throw A fine
cloth in to it & cover wth chery thing & let
it stand till cold, then put it in A bottle
& when y^e use it y^e must dip A fine holand
rag in it & lay it on your eyes. It is good for
Any humour in y^e Eyes.

For freishes tear Cloathes

Take a pint of oyle olive & half A pound of
Red Lead boyle them together stirring them wth
A stick till y^e oyle is wth & something thicke, then put
it on y^e side of A dyke. If it be thicke it is faine
then take it off & put in one penny worth of soft
red wax & 2 ounces of rozen, then set it on A soft
fire that be not blaze stirring it continually
then take it off & dip in lining cloaths Applying
them to the place grieved & when one side is done
y^e other is good. It must be couled in A parchment
not that is new, & y^e must keep it in white paper.

1775 Remo To Make spirit of lavender
Take a great glass or Mugg & fill it 3 parts
full of Lavender flowers full ripe strip
from stems then fill y^e glass brim full of
with good French Brandy or spirit of wine
Let it stand A fortnight close stopp then
fill it up again & Let it stand A month or 3
Weeks longer close stopp then still it in A
Limbeck

Great Cock Water

Take Stone Rows Tenger pound, Carduus
seeds one ounce, Venice Treacle one ounce,
Spirits of S^un stand one pound, mint one
handfull put all these in 2 quarts of white
wine or spirit of wine, And in Every quart of
spirit put 2 quarts of Ale, & put it in to
still over night, & still it in y^e morning for
3 days until be fit & then take about 4 ounce
at a time, in three proper for women
Newly deliver'd, or A New Born Child, Approved
from Mr. Gouan. Excellent Diuretic to be given
in y^e Colicke provided y^e Child be
Cure A pint of posset with strong Beav. spen
in it & y^e a pint of stone Rows. Dungs give
it y^e 3 times a day & it will cure y^e Colic

or a hour It is y^e better
of m^{rs} Lyscome) A drink for A sore head
Take one ounce of stone Brimstone & pound
it fine then put it to 2 quarts of water
& Let it boyl til it comes to one quart then
let it to settle, & when y^e Brimstone is fixt
to y^e Bottoome pour off y^e cleere & put it to
boyl Again with A quart or A pound of
Giraffe Just Let it boyl up to y^e v^e
mixt & then coole it & bottle it Drink
A scole Draught of it every morning
fasting & in y^e After Noon About 4 or
5 A Clock til it cures seeing no other
Medicin

M^{rs} Moggys Green Oyniment
Take 6 pound of May Butter Unsalted, one quart
of sallot Oyle, four pound of Barons greese, one pound
of y^e Best Rosen, one pound of Turbentine, half A
pound of frankincence, & to this quantity take the
following herbs of each A handfull, viz. smallade,
Hailin, Lavage, Red sage, Turmeric, & Turmeric Cotton,
herb grace, Parsly, Comfrey, Fenewell, Leaves Beach
Leaves, Lungwort, mariacum, Rosemary, malibms,
Commatica, St Johns wort, Plantin, Alliead

chickweed, English tobacco, flice henbane,
Grownrell, round wort, Betony, Egrimony,
mellilot & Cardus, pick All these hearts clean &
wash them, strain them clear from y^e water
(they must be all gathered After y^e sun Rises)
then stamp them on A stone or Wooden Morte
As small As possible y^e can beat y^e Rhen to A
fine powder & Adde y^e frankensence, & mett
them first, then put in y^e Butter, Rags Grege,
oyle, & when All is melted put in y^e hearts
& let them All boyl together half A quarter
of An hour, then take it from y^e fire & keep
stirring of it A quarter of An hour At least, &
in that time itt from y^e fire put in y^e turpin-
tine & 2 ounce of Verdigreere very finely
powderd, & while y^e put in y^e verdigreere &
turpentine stir it well, or else it will run
over & so stir it till it leaves boylng then
put it in A Earthen pot stoping it Close with
A cloath & A board on y^e top, & then set it in A
dung hill of hors muck, 21 days then take it
& put it in to A little & let it boyl A little
so that it dos not boyl over, then strain it
through A Course Cloath on to Earthen Gallie
pot & when All is strained putt to it half A

pound of oyle of speck Cover y^e pot Close till wth use
it: In y^e winter warm it when y^e use it but cold in
y^e summer

M^{rs} Neens Digne Digne

Take of sage flowers, Rosemary flowers, B. Bay
flowers, Borage & Basilus flowers of each half a
handful, & flowers of y^e Rosemary & Bay
flowers of each a handful, steep them in vinegar
or spirit of wine for 24 hours then in white wine
till it is half, add to it of Bay leaves, orange leaves
& flowers of y^e same sort, Broom, yarrow root
& yarrow flowers, & same quantity of y^e same sort
let it steep for 6 weeks in the sun & then
strain it & cover it with a same quantity of y^e same
or yarrow root, keeping it close covered till it is
with a Broom & yarrow, & yarrow root, & yarrow
it in a warm or yarrow root, & yarrow root, & yarrow
or yarrow root, & yarrow root, & yarrow root, & yarrow
of each half an ounce, Lignum allows
one dram, make all these in a powder put it to
it & it will be made of yarrow root, & yarrow root, & yarrow
cut small, steep it close for 6 weeks & then strain
& press it very hard, then filter it & after hand in
y^e clear liquor in a secret bag as follows, powder
of Devil & yarrow root, yarrow root, yarrow root
Amber greece, make a sugar, of each half a ounce,
keep it always in it close stop, use it as you see fit

Lib of Loaf suger Enough to set it in a yeaer
its good for Louges of spirit, fainte fits & such
& there for any disorder of the head to be taken
Any time of the day or night

M^r Keene then the Countess Barker will
make ye flowers of Fox olives about A peck stone
them in a fire put them in a new paper with
pound of New Butter Not salted nor melted
Beat very well out of it with then set to boyle over
A gentle fire for about 2 hours Keep it in the same thing
cover it close with leather, warm part of it Every
time ye have a sore, Anoynt ye swelling with the
then part & take a stick & pierce the sore Quest
ye signess of ye sore, never change it & it will get son
of ye sore from it Every time putting fresh to it
round twice a day But be sure never put fresh
cloths to a wound, ye must make A good quantity
of A ointment of ye season its to be got for its sold some
lets then I hear before ye wound will be well, when I
see ye sore more biter Be not trouble'd for it will doe
so till all ye humors Are tryed up & then twill heal & skip
it up

The purg for ye Evil

take diacatholicon a quarter of An ounce, of saunders
of Roses solutine with Agarick half An ounce, mingle
it with 3 spoonfulls of white wine & take it Every fortnight

The Drink for y^e Crill

To Every Gallon of wort boyl with y^e hops one hundred
& half of Eye bright, sage, Rosemary, & Bittory of each
2 handfulls & half put it in A vessel & when its fir
let y^e patient drink At least 2 draughts Every morn
ing fasting after it 2 hours, & At night take A
draught 2 hours before Bed: this of Grace white.

For y^e Bloody Flux By Heall

2 Drachms of Cinomon Cassia, 2 Drachms of
pepper, 1 Drachm of Galbannum, one Drachm of
Signum opiat, pound it & mix it in to pills with
clarified honey, take 2 every night & 2 every
morning fasting 2 hours after =

For A sickly Girl

one ounce of prepared Powder of steel
must be mixed with 4 ounces of ^{conserved} Beverage
flowers, & y^e patient must take about y^e
bigness of A walnut Every morning & at
4 a clock in y^e after noon till y^e quantity
is taken & if this does not procure the
desired effect she must repeat y^e same
quantity & take it without intermission
& After that is taken rest some time =

Approved

Sho. Hills receipt to turn an humor
2 penny worth of white Copparis & one
penny worth of Solarmonick, dissolve it
in one quart of spring water over a
gentle fire till it comes to a pint so
pat y^e sore often with it untill it
bring Claps. —

Mr. Franklin's Tincture of Lemon
Cut off y^e top of a Lemon & take out
as much of y^e seeds as y^e can then put
in the hollow of it as much saffron as
it will hold stop it in with y^e top y^e
cut off & pin it down that it may stop
close stop so put it on a plate before y^e
fire to royst as y^e would an Apple and
As it roysts y^e Juice will come in to a plate
which y^e may take up before it dries away.
& when y^e Lemon is soft roasted put it in to
A pint of Mounting or white wine with

what Juice is saved from y^e plate, Let it be
in y^e wine (close stop in A m^oig) A Night or two
then strain it & keep it in A bottle close stop
for use. A spoonfull of this tincture taken
A day of any disease in A morning fasting
& y^e same going to Bed for A week together
it will certainly cure for y^e yellow jaundice &
will certainly cure it if not gon too far, It
Allevs A great weight of y^e spirits, it is first
a sign of A feverish or inflamed Liver, & A sign the
tending of y^e liver, it faints, & L. L. L. in a
constipation &c. (Approved)

For y^e use The which has been
made a small or large quantity of
distilled Vinegar or Lemon Juice &
continued to be used until y^e liver is
A fair Juice it in y^e water 12 or 14
days in A warm place, then strain it of
& keep it for use. A spoonfull of this form
to A spoonfull of y^e wine occasion at any
time, but not necessarily going to Bed =
It seldom fails giving Ease Either in goat or
colick

Recipe for An Ague

Take Laurel Leaves on an oven till they will
crumble to A fine powder, & of y^e powder take
much as will lay on A shilling in Any kind of
Liquor yⁿ Like (but wine is best) it will
Dissolve every 4 or 5 hours & will certainly
cure -

Mⁿ Lemes for A consumption

Take Mouse snails & wash them in Beer,
then prick each of them 2 or 3 times in
y^e fleshy part with A pin, so put them
in A flaying Bag & hang them up over
A dish, in which there is some Brown sugar
Candy powdered, & let them drop on it
till it come to y^e consistence of A Syrop,
take A spoonfull of this Syrop as often
as yⁿ please, but Especially when y^e Cough is
most violent -

for y^e megrim

Take of Camomell, comin, & cumine of
Brown Bread alike quantity, pound it
all together with a little Vinegar, make
A plaster with it on A cloth and Bind
it to y^e forehead -

for a fellow

Take a handful of mallage & a handfull
of feathers, stand & strain it & with some
wheat flower make a salve & use it —

To cure sleep

Take of juice of flouke, & of same quantity
of woman's milk, & willow & Rose vinegar, mix it
together & dip some flax in it being first warmed
& bind it on y^e temples & some balde made
up round & bound to y^e palms of y^e hands —

an ointment for shrinking of Cancers

Take neats foot oyle finely clarified & put
to it as much Rosemary flowers, Cowslip &
primrose flowers, a like quantity, and as much
as y^e oyle will drink up, stop it in a glass
jar & set it in y^e sun 14 days, then put it in
a little of water close stop'd & let it boile six
hours & then strain it throu a cloth in to
A pot for use, & anoynt y^e Cancers with it —

for y^e Bloody flux & all other fluxes

Take a quart of Red wine A quarter of
an ounce of Cinamon, powdered, one peny
worth of sanders & one peny worth of Blain
almonds powdered & 2 ounces of Rice powder
boyle it all together till it be half wasted
then keep it stirring that it maintaine

put it out in A thin cloth, & when its
cold cut it out in slices & eat it with
white sugar Candy sifted over it in y^e
morning fasting & at night or any time
else -

for Deafness

Take 2 spoonfulls of y^e juice of Rue, & as
much romans milk (that suckles out of
y^e contrary sex) boyl it together till it is
thickened, then strain it, & dip some black
wool in it & therewith drop it in to y^e Ear
morning & Evening for 9 or 10 days
together very warm -

A Nother

Take Earw^{orms} & fry them with
Goye grease & drop some of it in y^e
Eares warm, 9 or 12 times -

for sore Eyes

digest hazel nuts before they have
any kernells in them & give y^e water
to wash y^e Eyes by its self, or else mix
it with an equal quantity of y^e same
& plantain water. is A little bit of Honey
Signes of A wet disorder in it -

The powder of Burdock seeds as much as
will lay on a pence taken in white wine
is excellent good for y^e Colick or stone

for A swelling in y^e Leggs
Boyl Groundell & Mallow in milk & y^e
tender turn y^e milk to a poyset & put
on curd & hearts together, very hot
for A Bruise from stone flays dring in
claret wine & Lay it on hot about an
inch thick as soon as possible after y^e
hurt

for y^e strangury
Boyle an ounce of Pavyley seeds & 2
heads of Garlick brused, in 4 quart of
milk make A poyset of it with white
wine then strain it & drinke of it morn-
ing & evening

A Glistre for y^e Wind
Take Cammamel Green or flowers,
featherfue, Mercurius Leaves, Mallows,
wormwood, & flollinock of each half a
handfull, coryander, Dill seed, fennell
seed & Anny seed, of each a quantity

Crushed, boile all these in 3 pints of
clear popel, till it comes to 3 quarters
of A pint; then strain it & resolve on
it fire one quarter of A pound of Cons
suger a quarter of A pound of fresh butter
& 2 ounces of syrup of Damask Roses.
I administer it

for immediate Rel^e in y^e Colick
take half A spoonfull of Tincture of
Rhubarb & drink in A glass of moun
tain wine & it usually gives ease
this of Mr White

for sharpness & heat of
Grisilla ~~wine~~ found in this Morge
are y^e whites of 3 new layd eggs
& Beat them well, & mix them in a
pint of Plantine water, & sweeten it
with white suger Candy, & if y^e pain
be violent drink A Draught of it eve
2 hours from 6 hours together, or
else only morning & Evening

by Dr. A nother for ye same
Take of Agrimony one handfull of
Plantaine leaves & R.B. wort, with Common
mallows stems & leaves, of each half An
handfull, boyl these in something more
then A quart of spring water till A
quarter part is wasted, A glass of this
strained off, put in to Ale or milk luke
warm, & take it early in A morning or
2 hours before Dinner, till A quantity
is done - & if y^e water be Bloody

Take of Agrimony Dried 2 good hand-
fulls, now we are one handfull & half -
boyl these in 3 pints of water to A
quart, strain it & keep it close stopp'd
in A Bottle for use, & mixe a 5th or
part with y^r usuall Drink if Beere, or
or ale, or a 3th or 4th part with Wine
use it at meales or at any time else
but Especially at supper -

A nother for y^e strangury
Take half A pint of Ale, half A pint
of small Beere, half A pint of Rain
water. beat y^e yolk of A new Lay

Egg in it or sweeten it with Honey
& grate a nutmeg in it, Drink as much
at A Draught as y^e can -

for A Eyes Drink for y^e
same Disorder

Take y^e Topper of Firre Tree & Pine
Tree of each one handfull & half,
10 Drams of y^e seeds of wild Carrots
Bruised - 2 handfulls of shavings of
New Deale, boyl it in 2 Gallons of
wort for constant Drinking -

(S. Griffiths) Another for Bloody Water

Take y^e Roots of Tormentil 3 drams
of leaves of Meadow sweet, shepards
purse, plantaine, Agrimony, & samicale
of each one small handfull, Liquorice
half an ounce, mellen, & pancejoine
seeds of each 3 Drams, white Poppy seed
half an ounce, let y^e Roots be sliced y^e
herbs shred, y^e Poppy seeds Bruised, &
y^e other seeds Blancht with hot water
as almonds, then boyl all in 3 pints
& half of spring water till it come
to A quart, strain it & sweeten it

with syrup of Althaea, & take a draught
of it morning & Evening - you may also
steep an ounce of Comfrey Root in a
pint of milk & water, & in it y^e white
ov 2 of new Laid Eggs Beat to Water
Drink half a pint morning & evening
& some times put A scruple of powder
of Bolus Armenack in it, y^e Clarified ju^s
of Nettles is also good in A draught of
warm ale morning & Evening.

and General

For Lumbago & Strain in Back
Essential Oil of Juniper 1 Droche
Oil of Turpentine — 1 Droche
Spirits of Wine — 2 Droche
Tincture of Opium — 1/2 Droche
Balsom of Capivy — 1 Droche

Take 30 Drops Night & Morning
in a Tea Cup of Soft Water

B. J. D. IP

Receipt for Cold

Take a Lemon and peel it then cut it
Round but into slices then take a pound
weight of Saffron and put between the
cuts then take a quarter of a pound of
Honey and boil it for about 10 Minutes on
a slow fire and while boiling pour a
Lime of the Honey on the Lemon take
it of then Squeeze the Juice of the Lemon out
and take a Tea Spoonful as you are troubled

Receipt for a Cold

Take a Large Lemon boil it 3 or 4 times in
a Quart of Water changing the Water till the
Bitterness thereof is then ground it in a Stone
Mortar & add two ounces of Brown Sugar
Candy and two ounces of Sweet Oil make an
Electary & take a Tea Spoonful whenever the
Cough is troublesome

Stoughtons Elixir.

To A quart of y^e best Brandy put y^e rind
peel of a dozen large Citron oranges or 15
small ones, let it stand 3 weeks, straining
it every day, then strain it & put to
it one ounce of Gentian cut very thin, one
Dram of a scruple of touchwood powdered
A half a Dram of saffron both put in to
A little Bag, let it stand 3 weeks, &
then strain it thorough white Paper
paper in to little Bottles for use, &
be sure to keep it always stopp'd tight.
A tea spoonfull is y^e proper Dose in
any Scurvy & like for y^e Colick or any
Disorder in y^e stomach.

For an Ague

Take of Jesuits Bark half an ounce, of
Cinnamon seed an ounce, of Anise seed
an ounce, beat all these to A fine powder
Add as much powdered Ginger as y^e can
take up between y^e thumb & two Fingers
A half a pound of brown sugar, mix these
well together with two or three spoonfulls
of Rose water, put it in A skillet or Porri-
nger over a soft fire till y^e sugar be melted.
Take the vigour of A wallnut of it Every

3 hours Night & Day, till half a grain
is taken, then rest it 12 Days Before you
take 4th of the salt, & then observe y^e method
as before, eat no flesh, nor drink no strong
Drink while y^e are taking of it, & begin
to take it when y^e fit is off, but continue
taking till y^e ague is gon.

these two I had of M^r griph & approved:

the following Receipt was sent for
my own sences in 1727 by M^r Fry
from one of her Physicians.

Peruvian Bark one ounce, Dragons
Blood two Drams, Cinamon one Dram
Boyled in 3 pints of water til one pint
be waied, strain it off, & Drink a wine
glass full twice A Day.

Bleeding & purging before y^e take y^e
Above will be proper if strength admit
of it.

fine Rock Allom 3 drams, melt over a
gentle fire, & stir into it one Dram of
Dragons Blood finely powdered, of which
make forty Pills & take 4 of them before
every Midnight of y^e above decoction -

(1) to stop all sorts of Fluxes &
to prevent Mjccoring
Take 2 handfulls of red oake burs, as much
of broad Plantine, & as much of Red Ropes,
an ounce of Cinamon & a pound of one
Dumgranet both beaten to powder, steep
it in A quart of red Wine one night, &
then still it in A Cold still, 3 or 4 spoon
fulls morning & Evening for 3 days
together is fledge, it may be given to
A woman in Child Bed without any
lanjure, A water for spiting of Blood

(2) Take of Nettles & Cypres tops 3 hand-
fulls, A pint of whites of eggs, & a little
yellow sanders & a little mace, put it
in to A gallon of New milk & still it
in A Rose still,

(3) Snail water for A Consumption
Take 80 Glouse snails wipe them clean
& break y^e shells, put them shells and
all in to A gallon of New Milk, boyl it
till it grow thick, then, put it in to A
Rose still with A handfull of Mint in
y^e botom of y^e still, put in y^e inside of A
loaf of white bread & A handfull of

hartshorn, & if y^e party be inclined to
a feavour put in A Handfull of dandy
lion, let it steep in to A Bottle with
white suger Candy in it & take 8 or 10
spoonfulls twice a day -

(4) For violent pain in
the Head

Pound, ground grey & lay it over y^e
forepart of y^e head in A thin cloth &
being first heat ~~&~~ in A fire shovell
as it cools renew it -

(5) For A fixed Cough

Take 2 ounces of Syrop of Maiden
hair, 2 ounces of Syrop of Violets,
an ounce of Conserve of Red Roses,
half A Dram of flower of Brimstone
mix it in to A Conserve & take of y^e
bigness of A Nutmeg as often as
please - -

[67]

A Purg

Take the best Rinsarb in Powder, 2
ounces of half, of salt of wormwood one
Drahm, orange peel half an ounce, grated
Nutmeg two scruples, Couchanceel half an
Drahm, infuse this 48 hours by y^e fire
side in a quart of good Arrack, strain it
off & keep it for use.
two or 3 spoonfulls may be taken at a
time twice or 3 times A week without
any hindrance of buisness -

For An Ague

Take half an ounce of Bark, Nutmegs
Cinamon, cloves, mace, jamaica pepper
Ginger, Carraway seeds of each 3 quarters
of an ounce, A quart of A pint of Anny
seed water, mix it with A quart of
small Bear, to be taken at 3 times
at 8 a clock in y^e morning, at one
at 5 in y^e afternoon y^e next day
after y^e fitt & drink it warm,

Pills for the Stone

Aloes 2 Drams, Venice Turpentine half
an ounce, mix them together & make
it up with powder of Licoris & Anny seed

Take 5 or 6 of them when y^e goe to
Bed -

(9) an opening Medijon
Senna half An Ounce & a piece of Ginger
slic'd, A thimble full of Anny seed,
infuse thye all night in A pint of
whitewine, in the morning boyle it A
little then strain it & put in to y^e
Liquor 30 or 40 Prunes & stew them
& eat 7 or 8 in A morning fasting &
y^e may goe any where -

(10) To Make Duffys Elixer
Take an ounce of senna; Guajacum,
Elicampain Roots, Anny seed, Carra-
way seed, Coriander seed, & Liquoris
of each half an ounce, Raisons of ye
sun stor'd 2 ounces, infuse thye in
A quart of good Brandy for 4 or 5
Days then strain it off,

the doze is 2 spoonfulls at Night
& 3 in y^e morning, & no confinement
being only a little opening,

(Lippin)

(11)

For y^e Kings Evil

Take the white Arch Angel, Greens Blyom
& all, boyl it in milk & turn it to Poynt
with small Beav, strain y^e nettles & Cut
from y^e Drink, chop them together &
apply it warm to y^e sore twice A Day
Let y^e drink be y^e only Liquor, & continew
y^e use of it till y^e patient is recovered
eating no salt Meats during y^e Cure
the Nettles may be Gathered when y^e
Blyom is on & carefully Dryed & they
will anywere y^e End in y^e winter

(12)

Barly Wine Good in A Fever

Take half A pound of French Barley wash
it & boyl it in 2 or 3 severall waters y^e
waters being kept of an equall heat
then take 3 pints of y^e last water y^e
have boylt it in, & half A pint of Succory
water, A quart of y^e best white wine, & y^e
juice of 3 or 4 Lemons clean from y^e pulp
& seeds, add half A pound of white sugar
powderd & Brew it all together very
well till y^e sugar is well dissolved then
put in Bottles for use & stop it close, Let
it stand 3 or 4 Days before y^e drink it

(13) For y^e stone
Take Glasse at Michalmas bruse
them in A mortar & put them in
to A Cold still & put to them as much
white wine as will cover them to 3
spoonfulls of this water take a Draught
of Ale with A little Nutmeg & suger
& walk or Ride after it

(14) For y^e pain of y^e stomach
Take 12 Corne of white Pepper (clean
rubd) in A spoonfull of salet oyle,
(frying)

(15) A nother
Take 6 pound of Raizons of y^e sun
stand 2 ounces of gentian sliced &
A little handfull of Egrimony dried
as much of sentany, put it all in A
Earthen pott, & when y^e have
boyled 20 pinte of water to 16 put
it to y^e ingredients boyling hot, &
let it stand 30 hours in A warm
place then strain it off & work
it as y^e would mead & Bottle it up
Take A wine Glass full every
morning fasting & so in y^e after
noon

(76) A Drink for any Jaundish Humors
Take half A pound of Madder, 4 ounces
of Sena, 2 ounces of Any seed 2 ounces
of Lignough, 2 handfulls of scabious,
one of Egrimony, wash y^e Roots & slice
them bruse y^e seeds, & put all in to A
bag to 4 Gallons of Ale after it have
done working, & when its fitt drink
A pint in A morning fasting, -

(77) A nother to sweeten y^e Blood
Take of Dock Roots 4 pound of
Dandelion 4 ounces, of Rumination
leaves 4 handfulls, of Ground Grey
4 handfulls, of Firr tops on hand
full of Crude Antimony in powder
tyed up in A Lining bag 6 ounces
bruse & cutt y^e roots & hearbs &
put them in a bag & let them
hang in A vessell of 6 Gallons
of Ale which y^e must drink of
constantly till its done

(18) For A Loagnes & Vomiting
Take of Venice Treacle & Nigecordiam
of each 2 Drams; mix them ^{well} very, with
mint water, Bayly water & Cinnamon
water of each 4 ounces, of which take
2 spoonfulls in case y^e disorder is very
violent or less if not so

(19) for A Cough & Rhume
Take Symplicia 2 ounces, China sliced
one ounce, of Lentise wood, quaiacum,
& saffrass of each half an ounce, &
or 9 Dates Cut small, boyl these in 3
quarts of spring water till it come
to 3 pints drink A 3^d part of A pint
3 times A day for 20 Days

(20) for A Sore Mouth
Turn some milk with Allom
being boyled in it till its clear &
sweeten it with glory so with
this wash y^r mouth severall
times A Day

(21) for y^e bite of A Mad Dog
make A salve with Onions salt
& Rue pounded & mixed with glory so y^e

(22) A Conserve for A Consumption

Take some Almonds Blanch'd & Raisons of
y^e sun ston'd of each A like quantity which
pound very fine & to A pound of this put
2 ounces of Syrop of Clove Gillyflowers
mix it well together & give y^e quantity
of A walnut to A Child three A Day.
more to A grown person.

(27) A Nother

Take y^e yolk of A new Laid Egg A spoon
full of Red Rose water, & as much Plantain
water, & as much flower of Brimstone
as will lye on A 6 pence. A spoonfull of
fine sugar warm it & take it every
morning fasting for some time.

(20) A Nother

Take A pint of Red Cow's milk & set
it to y^e fire to just warm it, then
repose in it an ounce of Conserve
of Red Roses & 2 spoonfulls of any
Deceivall Syrop so drink it every
night going to bed.

(28)

for A hoyness of y^e voice

Take an ounce of Oyle of sweet
Almonds & an ounce of Colicannon
mixt well together of which take
three.

(26) For A violent sore Throat
Take A spoonfull of Mustard seed
beaten fine n handfull of y^e outward
Bark of Elder scrap'd lightly off, put
to it A spoonfull of honey & make it
up in to A past with any course Meal
make 2 long pads of it y^e bredth of
2 fingers & Lay of each side of y^e
Throat behind y^e hollow of y^e Ear
downwards to y^e Throat, & as
they dry put on new ones

(27) for spitting of Blood
Take of white, Red, & yellow sanders
each an ounce, infuse them 16 hours in
3 quartes of water, then boyle it to 3/4
a half add of Maidenhair, Coltsfoot,
sanicle, & Daisy flowers, & Sauls Root
of each 2 handfulls, sweet finnel seed,
an ounce, Licorish sliced 6 drams, of
Raysins of y^e sun stoned 4 ounces.
then boyle away A nether pint
& strain it for use, so drink it in
A morning & more if neede of other
drink,

(25) For ye shingles
First Bleed then ferment y^e parts
with Lint seed, fenigree seed & white
silly more boyled in milk & after
purg with Elyom salts.

(26) To make Elina Proprietary
Allow one ounce ^{mark} ~~of~~ half an
ounce, saffron & quarter of an ounce
one Dram of Tincture of sulphur
put all in a pint of Brandy in a
bottle & set it in a Kettle of water
& let it boyl half an hour, let it
stand till next day, so doe 3 dayes
following, & then power of y^e Elem
in to A nother Bottle for use

(27) for A quartan Ague (Approved)
Take A Dram of hie a piera in A
quart of Any seed water infused
& of this give 2 spoonfulls
party going to Bed immediately

(28) For A Bloody Flux
Take A new laid Egg break off
y^e Top & let out y^e white then fill
it with any strong Liquor

(32) A Drink for y^e Jaundie
Take half A peck of scurvygrass,
gloir-radish roots sliced 4 ounces, sage
4 handfulls wormwood boyled one
handfull, or more if green, Raijons of
y^e Jun stoned 2 pound put it in to A
thin Cloath Bag & then put it in 14
or 16 Gallons of Ale when it has don
working & put A stone in it to make it
sink & when it have stood to be strong
of y^e hearbs take y^e Bag out & stop ye
dyell Close so Drink it Common

(33) For A cold Palsy in y^e Limbs
Take A Gallon of spring water, sage
& wormwood of each a handfull, boyle
it on A soft fire till y^e half is wastell
then take it off & make it very strong
with Mustard, so Bath y^e parts with
y^e hearbs as hot as can be endured
once or twice A Day, it have cured
those as have had no use of ther
Arms to A Miracle —

(34) Powder for A Peawor
Take of Craw fish eyes an ounce, of
grish slate 2 ounces beat both to A
fine powder make them in to Balls

with Glasse-hall jelly that have saffron
in it give as much of this as will lye
on A Sympence when scraped in Dragon
water

(35) Pills for A woman in Stravill
Take of Caturum in fine powder $\frac{1}{2}$ of
methuadac of each 20 grains, of white
one Dram, saffron 6 grains both finely
powderd Chemicall oyle of Amber drops
Syrup of mignott as much as will make
it in A mass, & keep it close covered in A
pot & give as much as y^e Rignes of A Dec
only in great extremity, drinking A glass
of musk wine after, & so laid in A warm
bed as long as convenient

(36) A Powder for Convulsions
Take half an ounce of y^e powder of
Gentian Root as much of single Leony
Root powderd, An ounce of powder of
scull & an ounce of an After Birth
powderd, mix all together & give A
child as much as will lye on A silver
three pence in Black Chery water 3
days together Before y^e full of y^e Month
& 3 days before y^e change or oftener if
y^e fits be violent, to A man or Woman
as much as will lye on 6 pence might
be gave in y^e same manner

(37) To strengthen y^e Eye sight
Take Powder of Eye-bright 3 ounces,
of fennel seed one ounce in powder
& half an ounce of Cloves powdered
Take as much as will lye on y^e tongue
fasting every morning either dry
or in any Liquid -

A Strengthening jelly

36

To purg^e y^e Blood

Take an ounce of Ivory shavings,
one ounce of China, 2 drams of Red
sanders, & 2 of White; boyl all these
in 3 pints of good water till it comes
to a quart, & as much harts horn
as will make it in to A jelly sweeten
it as y^e like & eat of it frequently -

35

For sore Eyes

Take y^e mane old tops, y^e wood lice,
3 ground grey leaves, y^e daisy Root
tops & all, stamp & strain them in
to a pint of new ale, drink half at
night & lye on y^e left side, & y^e other
half next morning - -

40

A water to wash y^e eyes
upon A Humour by a cold
Take a lavy piece of lapis Calaminaris
made red hot & quenched 9 times in
white wine then beat it in to A very
fine powder sifted, put a little of it
in to a glass & pour Red eye water on
it, dip A syringe in it & put y^e eyes
with it often in A day

these 40 Receipts taken out of
M^rs Lophams Book in Feb. 1729/30

41

An ointment for Heats

Springes in y^e face
one ounce of Butter & of flower
of Brimstone put 12 peniworths of
Turmeric to it in A silver Chalice
& About 10 spoonfulls of Tamarisk Rose
water strain & filter after it have
been boiled with y^e Brimstone & Turma-
city in to y^e water through A
fine cloth then beat them all together
very well for an hour then pour
y^e Rose water from it & put y^e salve
in A pott for use -

(in) y^e following Receipts taken
(1731) out of Salmons Practical Physick

For An Ague

1) put half A spoonfull of Black Pepper
gross pounded, in to half A pint of
Carduus Poget, Drink it warm an hour
before y^e fitt come, & cover up warm
in Bedd to sweat,

A nother

2) spread Venice Turpentine on leather
& on that strew y^e powder of Rue
& Frankincense An equal quantity,
so Bind it to y^e wrists before y^e fitt
comes & keep it on till y^e fitt be gon:
or elce Take Venice Turpentine half
an ounce & incorporate it with as much
camphire & mastick beaten in to fine
powder as will make it in to A Plaster,
then spread of it on sheeps leather cut
round, & lay it on y^e stomach & navel
warm, a Day before y^e fitt comes -
3) half A pint of y^e juicc of camomil
Drank an hour before y^e fitt comes hee
says hee hath cured quartern Agues
with, repeating it for 3 or 4 fitts:

(4) for Bleeding at y^e Nose
Take powder of Beale Armoniack finely
sifted, with an equal quantity of
an old Glat burnt to Ashes mix it to
gether & Blow it up y^e Bleeding Nostril
with A Quill & it will stop immediately,

(5) for Bloody water

Take 4 ounces of sheeps milk & mix
in it A Drachm of fine Beale Armonick
in powder in A morning fasting.

(6) A nother for y^e same or Bloody Flux

Take one ounce of Conserve of Red Rojes,
one scruple of Crocus Martis, of volatile
Laudanum 2 Grains, mix it all well toge-
ther, & take it on y^e Point of A Knife 3 morn-
ings fasting.

(7) for spitting of Blood

Take of myrrick & Olibanum in fine
Powder 2 scruples of each, Conserve of
Red Rojes 2 ounces, Tiuscordium half
an ounce, Gutta vita 3 Drachms, mix all
together, in to an Electury, & take of it
morning & Evening on y^e Point of an knife,
y^e bigness of an Nutmeg.

(in) y^e following Receipts taken
(1731) out of Salmons Practical Physick

For An Ague

- 1) put half A spoonfull of Black Pepper
gross powdered, in to half A pint of
Carduus Poget, Drink it warm an hour
before y^e fitt come, & cover up warm
in Bedd to sweat,
A nother,

- 2) spread Venice Turpentine on leather
& on that strew y^e powder of Rue
& Frankincense An equal quantity,
so Bind it to y^e wrists before y^e fitt
comes & keep it on till y^e fitt be gon:
or else Take Venice Turpentine half
an ounce & Incorporate it with as much
camphire & mastick beaten in to fine
powder as will make it in to A Plaster,
then spread of it on sheeps leather cut
round, & lay it on y^e stomach & navel
warm, a Day before y^e fitt comes -
3) half A pint of y^e juicc of Camomill
Drank an hour before y^e fitt comes hee
says hee have cured quartern Agues
with, repeating it for 3 or 4 fitts:

(4) for Bleeding at y^e Nose
Take powder of Rose Armonick finely
sifted, with an equall~~ity~~ quantity of
an old Glat burnt to Ashes mix it to-
gether & Blow it up y^e Bleeding Nostril
with A Quill & it will stop y^e immediately,

(5) for Bloody water
Take 4 ounces of sheeps milk & mix
in it A Drachm of fine Rose Armonick
in powder in A morning fasting.

(6) A nother for y^e same or Bloody Flux
Take one ounce of Conserve of Red Roses,
one scruple of Crocus Martis, of volatile
Saudanum 2 Grains, mix it all well toge-
ther, & take it on y^e Point of A knife 3 morn-
ings fasting.

(7) for spitting of Blood
Take of myrrick & olibanum in fine
Powder 2 scruples of each, Conserve of
Red Roses 2 ounces, Diascordium half
an ounce, Gutta vita 3 Drachms, mix all
together, in to an Electuary, & take of it
morning & Evening on y^e Point of an knife,
y^e bigness of an Nutmeg.

(8) To stop Bleeding
by Leeches,

slit A Beem in two, skin it & lay it to
y^e place where y^e Leech has Drawn & it
will stop y^e Bleeding,

(9) For Bleeding of wounds

Take sheeps Blood, Ox Blood, but
y^e best of all is mans Blood, Dry it &
Powder it fine, of which take an ounce,
of crocus martis, & Colcothar, of each half
A Dram, mix it together, & strew it on y^e
wound;

(10) For A Flux

Take either sherry or maderia wine,
half A Pint, sal-Prunella half A Dram
mix & dissolve it in y^e wine & give it at
3 or 4 times a Day - this may be given
in A burning Fever -

(11) For Gripes with A Flux

Take Rubarb thin sliced two ounces,
rummy seeds bruis'd one ounce & half,
Gentian & Cinnamon half an ounce, put
it in to A quart of spirit of wine, in
which let it infuse some time, take of
it from 3 spoonfulls to 8 twice or thrice

a Day in proportion to y^e strength of y^e
person, or y^e nature of y^e Disorder, it's y^e
best in y^e world for nurses, & children
to whom y^e discrecion must proportion y^e
Dose.

(12) for Gripings in y^e Bowels

Take half A Dram of Oyle of Anno seed
mix it with white suger & put it in A
Glass of wine & Drink it in y^e morning
fasting -

(13) for shortness of Breath

Take Raisins of y^e sun stoned, Lent figgs
slit, & Licorish Bruised 2 ounces of each
Ellicampane Roots bruised one ounce
Boyl all in A Gallon of spring water, strain
it, & drink half A pint at a time, 3 or 4
times A Day -

(14) For An Ague in y^e Breast

Take good Aqua-vite & Linseed oyl &
warm them together so dip cloaths
in it fitt for y^e Breast & lay 'em hot
morning & Evening -

(15) For Long Gripping with A Flux
to A Gallon of strong ale put A pint
of y^e best Brandy, 4 ounces of Rheubarb
sliced thin with one ounce of Anny
seeds Bruised, tie it up in A thin rag
& hang it in y^e Ale & Brandy with A stone
tyed up in it to make it sink, let the
person continually drink of it as common
Drink till he find A cure -

A water to thicken y^e Glair

A pound of Honey, A handfull of Rosemary
& A handfull of y^e curtings of grapes
still it in a Rose still & Draw off
3 pints, or if in A worm y^e must
put water just to cover y^e ingre-
dience: (from my nieces at Bath)

Niece Strachen Syron wth A cough
take 3 sheeps hearts, slice y^m
thin, but dont wash them, add
a large handfull of Rosemary, A
stick of ~~ginseng~~ ^{liquoris} thin cut, 2 ounces
of hartshorn shavings, & 4 pound

of Brown sugar Carefully pounded
put it all in A Deep Pot. A laying
of each little pot is full poured
over it three pints of Virgin Water
bake it with Household Bread
strain it off hot, & take of y^e
fatt when cold, & Bottle y^e
for use, take of it 2 or 3 spoon
full at a time as often as y^e please
but chiefly mornings & at Bed
time, —

The following directions was by Dr.
middleton to a relation of Niece
strackers who was afflicted with pains
& quiddness of y^e Head, occasioned by y^e
paorness of Blood, originally from y^e
Bleeding of y^e Piles, & then stop'd.
Take 2 ounces of Rhubarb Grated, the
juice of A Sivit orange Rejted, 2 ounces
of Brown sugar, candy Pounded, a Nutmeg
grated. put it all in to a quart of Cydon
or other white wine, & let it stand 4 Days
then strain it of, Drink a wine Glass
going to Bed —

of M^r Colerell) A Dyate Drink for
ye Rumatick Pains
Take 3 peny worth of Rhubarb
cut thin, 3 peny worth of Seane
Ralf A pound of Lent figgs, half
A pound of Raisons of y^e sun
ston'd, put it in to a little Bag
& hang it in A vessel of mild
ale after it has don working;
adding to it A handfull of y^e
greene tops of Broom

For An Astma (of Davit of Fowberry,¹⁰⁰

Take half an ounce of the flower of Brimstone,
A quarter of an ounce of Ginger in fine powder,
3 quarters of an ounce of y^e best Sene in fine
powder, add to these powders 4 ounces of fine
hony & work it all together with A knife on a
plate. take of this Electary y^e bigness of A large
nutmeg every morning fasting 2 hours after it,
at night going to Bed after eating 2 hours, this doe
for 5 or 6 days together, unless it work too much,
if so, y^e may rest a Day or two, & then take it
But once A week at morning & night for A
considerable time, & if y^e self not perfectly
well, take it once a fortnight as y^e did before;

A Green salve, from my sons
Printed Book

Take of Cloves-allheal, ~~sta~~ 5 handfulls,
Stamp it & put it in a pot, put to it 4 ounce
-es of Tard, half a pint of oyle olive, 3 ounces
of Bees wax, so boyle it till y^e juice is almost
consum'd which is known when y^e stuff do
not bubble, then strain it & add to it 2
ounces of venice Turpentine, so boyle it
a little, & then put it in pots for use -
melt some in a spoon & apply it to
a wound with Linnet, & for a bruse
to chafe y^e part -

for any sort of Flux

Take of Camfary Roots washed &
scrap'd, & an equall weight of
Plantaine leaves, pound them
well together, with half y^e quantity
of soft sugar, & take of it 2 or 3
times a Day of y^e bigness of a wal-
nut till its done, (from y^e same)

one pennyworth of an Aque plaister
Gun-powder, one penny worth of
of Brandy, mix it well in a mortar & spread it on
sheeps Leather for Plaisters to y^e wrists putting
them on an hour before y^e flux comes =

Exterior

A group for the
same deposit

Seuerall Receipts of wines
Known to be Very Good By
Those that haue Used them

(Chap. 2nd) Elder wine.

Take 20 pound of maliger Raisins to
5 gallons of water let y^e raisins be well
rubd in A cloth but not washd, cut them
A little without stoning & let them stand
10 days in y^e water in some warm place
stirring it often, then let it run through
A fair sieue without pressing, put Elder
berys in A fagg & set them in A Kettle
of boyling water & soe take y^e Juice
by degrees As it comes out of y^e Berys
till y^e haue six pints. Let y^e Juice
first be cold then stir y^e water of y^e
Raisons & this wed together, put it up
in A uessel & let it stand 6 or 8 weeks
in A warm place & then bottle it y^e
may try A little sugar in y^e bottling

Boyl y^e water uery well & to 3 quarts
of water put one pint of Juice, when
y^e water is cold, put to it as much

powder sugar As will make it strong
enough to bear An egg being well stirred
then put it in y^r vessel & let it work
A fortnight before y^e stop it - - -

Cruz. Croser way to make Sherry
Take 3 gallons & A half of water &
Boyle half A gallon away. take 12 pound
of Raisins of y^e some stalks & All, cut
them small & put them in to y^e water
when it is cold then take one or 2 spoon
fulls of yeast & put to it, let it stand
10 or 12 days stir it every morning very
manerly well, then strain it & put it
in y^e vessel & let it stand 10 or 12
weeks before y^e bottle it - - -

M^r Stringers Burch
Take A rimple or A nail & bore A hole in A
Burch tree either white or red & drive
A nail in to y^e tree upon which hangs
A little to receive y^e Juice then put A
bit of wool in to y^e bottle & one end of it
in to y^e hole of y^e tree & y^e Juice will run
through it in to y^e bottle An ordinary tree
will give three quart A day & it can do so

rudely put ye Ingredients & beat y^e
Juice once in two or three days it will
be rowen: to every gallon of Juice put
one pound. & half of y^e best powder
sugar & to every 12 Gallons put in a peice
of 1 Lemon & half An ounce of cloves
then beat these together one Rowen then
skim of y^e froth As it rises which don
put it in to earthen pots till it is cold
then put in 2 or 3 spoonfulls of Ale yest
& cover it close & In 10 or 12 days it will
be fit to bottle till it be done in
march; when y^e have what quantity y^e
desire from y^e tree drive A wooden pin
in to y^e hole & y^e tree will be never the
worse —

Mr Nicolson's Corand Wine

Take to every quart of wine 2 pounds
of y^e best Corand & beat it & two quarts of
water put y^e wine to y^e water &
boile it over a fire with y^e whites of
eggs & when its cold put y^e Juice to it,
then put to it & a little yest & work it

4. If doe Bee & turn it up into a cask & let
it stand till it is fine & fit to bottle.

Geosbury wine

Take to every quart of Juice (when
the fruit & vine) 2 pounds of sugar &
4 quarts of water clarifie wth whites in w^{ch}
water is & other & After order it as
coran wine (Approved)

Once Clarke Clarified flower wine
to Gallons of water put 2 pound of white
powder sugar let it stand & After it is well
stirred let it stand half an hour then put
it to cool & then work it with good Ale
yeast As you doe Beer & when it have wrought
pretty well put in a good half peck of dill
w^{ch} is clint & As it grows riper keep them
down you may let them stand in it 12 hours
in A warm place then strain it & put it into
A vessel & stop it up leaving A little vent
in A week or 10 days time & you see it grow
clear bottle it, & in A little time after it
will be fit to drink

Cazen Clark's Cough Wine

Take 20 quarts of spring water, put in
it a pound of white powder sugar & set it
over y^e fire & let it Boile it till it white
& the scum rises take it off & when it
well scum'd take off y^e fire & set it to
cool, when it is quite cold take 2 peck
of malt of good English malt & brags put
y^e water it with 3 Lemons sliced cut y^e peck
of malt, 2 or 3 quarts of Ale yeast & cover
it to make it work y^e better Let it steep 2
or 3 days & as it flowers work up stir
it down then strain it & put it in a
vessel & when it has stood 3 weeks if it
be not fine rack it off

Cazen Clark's Cough Wine

Take a gallon of water put a pound of
white powder sugar, Boile it to a thick
one sauce, clarify it with whites of eggs
& strain it white it boiles then put it in a
tube & put to it a pint of pickt Coughs
that have ben beat in a mortar with Spices
if not y^e next morning strain it & squeeze

if flowers very hard then take good white
Ale yeast & yeast it in a hot brown toast & it
baked & put it in y^e liquor & when it begins
to work put to it 2 quarts of sack & one of
red wine of France y^e Lemons & some of y^e
spice then cover it close & let it stand 3 day
or a night then strain it & put it in bottles
let it stand 5 weeks & bottle it with half a
spoonful of sugar in each bottle & stop it
close

Mrs Babers way to Make Liniger

to one gallon of water take 2 pound of
malleace Raisins pick only y^e large stems out
of them & chop y^e raisins being unwashed
put them in to y^e cold water & stop it up
in a vessel, put it out in y^e sun in May
& let it continue all y^e summer or till its
very sharp

Mrs Babers Orany wine

to 6 gallons of spring water put 12 lb
of best powder sugar & 4 whites of eggs. Cook
it half an hour strain it till its clear y^e
have in redings y^e rinds of 50 oranges
then pour so that none of y^e white

Put ym to y^e Liqueur to y^e purpose it
comes from y^e the put it in a
vessel when it is no more then blood
warm, put in y^e 6 ounces of clear
orange and beaten with y^e juice of
juice of y^e Aforesaid 50 oranges strain
let it there stand close covered 2
days & A night & after they have ben
well stirred add to it A quart of Rhenish
wine & A quart of Rhenish Rhenish
used so &c. After 24 hours stop it
close & in 15 or 20 days it will be fit
to drink

to make Shrub Put ym
take 5 Lemons slice them thin take out
y^e seeds & put ym in a quart of Brandy
in A stone Jug close covered it for 5 days y^e
strain out y^e Lemons & put to y^e Brandy
2 pound of double refined sugar one
quart of white wine & A pint & half of
water when y^e sugar is dissolved strain
it thro A flanning bag & Bottle it - - -

My Mothers Lemon Ade

Take 2 pound of Raisins of the
sone stoned & thred, & 1 pound of
suger to A gallon of fair water
Boyle it very well & power it to y^e
Raisins boyling hott in An earthen pan
& slice in to it 3 Lemons nicels & All let
it stand 3 or 4 days stirring it often
then strain it & After it has stood A
while to settle bottle y^e cleare in A vial
After it will be fit to drink, y^a may
make A smaler sort After with half
y^e quantity of water As before =
mead

Take one quart of Rony & seven quarts
of cold water & stir it well together
till y^e Rony is dissolved, then put it
in A kettle & let it boyle About 3 quarts
of An hour with A small quantity of cloves
nutmeg, ginger & mace Bruised together &
tyed up in A bag, put A little Lemon
nicell in y^e Liquor, & while it boyles take
off y^e scum carefully, & to make y^e scum
rise y^e better keep one quart of y^e Liquor
cold & As y^e rest boyles put it in by degrees

When its cold put it in A vessel that
will hold just y^e quantity allowing
room for it to work, put in to y^e vessel
8 or 10 spoonfulls of Ale yeast & At 3
days end stop it & A week After bottle
it & A week after its bottled drink it
As y^e would have it soon ripe slice in A
little Lemon As it boyls; y^e must beat
y^e honey with A wooden slice in A Cole
till it is white before y^e mix it with
y^e water —

~~Another way~~
Take of Fine honey 12 pound spring
Water 6 Gallons y^e peels of 8 Lemons
Seymure 2 half pints Elderber Root An
ounce Boile All there to y^e consumption
of y^e first water & At y^e setim with
honey As it rises, then run it through
A sieve in to A tubb, & let it stand till
its cold & After bottle it for y^e use,
let it stand 2 or 3 months before y^e
use it —

Both these from my
mother y^e first Approved

my Mothers Rayberry or corand
wine

Take A gallon & half of frute to
one gallon of water Let it stand 6
houres & stir it gently Let it stand
A nother 6 houres & press them through
A hair sieve, then put in to it 3 pounds
of suger to A gallon of y^e Liquor &
put it in A vessel & let it stand six
weeks, If it be ^{not} clear draw it off in to A
nother vessel & put A pound of suger
more to each gallon & when itt clear
bottle it, y^e must grind y^e corands
or elce y^e pressing of them will not
break them = = = =

for clearing corand
wine

Take About 20 Kernells of quinces to
A small runlet Bruise y^e kernells &
mix or boylee them with A small
quantity of y^e wine & put y^e Jelly
being strained from y^e kernalls in
to y^e wine, it will make it very clear;

To clear cyder

Take About A dozen quinces, pair ym
& quarter them take out y^e core & put
y^e quarters yn to hogged of ruder

To make cyder drink pleysant
& good

Take for 5 dozen of bottles 5 quarts
of good water put to that one pound of
y^e best suger 3 peny worth of cloves, & 3
peniworth of mace boyle these till half
be wasted, then straih it & put in to it
one spoonfull of barm take warm, & yn A
hour or 2 it will work skim it very clear
& when y^r cyder is bottled, put in each
bottle 2 spoonfulls then cork it fast & y^r
may drink it yn 3 weeks time or yu may
keep it 4 year & it will be y^e better ==

Approud All by n^o n^o fruk

To Make Goosbery Viniger

Take y^e Goosberys when they are full ripe
mark them well, then meASURE them &
to every quart of Goosberys put 3 quarts
of water that has ben well boyed & is
quite cold again, let it stand together
24 hours then strain it first through
A Canvas & Afterwards through A flanne

bag, then put to every gallon of
this Liquor one pound of brown
Sugar, stirring it before y^e tun it up,
& keep it six months before y^e use it =

To Make Black Viniger
gather y^e flowers of Elder & pick
them very clean, dry them in y^e
sun with A gentle heat then take
to every quart of Viniger A good
handfull of y^e flowers & let it
stand to sun A fortnight, then
strain y^e Viniger from y^e flowers
& put it in to y^e barrel again, &
when y^e draw A quart of Viniger
put in to y^e barrel A quart of
water like warm

To Make Loyds Mead

To 12 pound of fine honey take 8
Gallons of spring water y^e pick of
Roses 2 Onions 2 ~~Onions~~ ^{Onions} Cloves
Hail to some, Loye. Ad to y^e water
y^e consumption of y^e Bird y^e water
take of y^e scum clean as y^e does then
run it through a sieve in to A tub & let

stand till it is then put in a
vessel just big for it & put in
a little or according to the
occasion, for it will keep a long
time good (Approved)

For Coughs & Croup Nine
or 10 gallons of water 10 pounds of
sugar boyl it well together, clarifie
it with y^e whites of eggs, then put it
boiling hot to a Gallon of Cowslips
& work it with a little Ale
till it stand till y^e next day. After
it has done working barrell it up
slicing into y^e vessel two Lemmons
& add to it a bottle of Rhenish
(Approved)

So Make milk punch or verdee.

Take 10 Lemmons & cut them in y^e
middle then take out All y^e pulp & strain it
hard through a cloth into 4 quarts of milk
then heat 4 quarts of water warm enough
to make y^e milk As warm As when it comes from
y^e cow, so mix y^e water with y^e milk & put
to it y^e outside rinds of 10 Lemmons then put it

it in to A Lard swanikin bag made for a
jeany bag & of the thickest sort of swanikin fine
wring y^e Bag, or else it will not run well. As
It runs of keep putting of it up again till it
runs very fine, then when all is run fine
of, mix it with 4 quarts of Brandy & A
pound & half of Double Refined Leaf sugar,
then put it in to y^e Bag on y^e curd & when
it runs fine Bottle it up, it will keep As long
As y^e please (Apprentice)

M^{rs} Freshers Cowslip or Primrose wine
Take one gallon of spring water to which
put 2 pound of sugar & let it boyle An hour,
then take half A peck of y^e flowers pickt
from y^e greens & pound them & when y^e
Liquor is Blood warm put y^e flowers to it
with y^e Juice of 2 Lemons & y^e Rind of one,
then take A good spoonfull of yeast with 2
or 3 spoonfulls of y^e Liquor & beate it well
together & then mix it with y^e Rest, then set
it in A narrow vessel & let it stand 3 days
close covered, then strain it & put it in A Barrell
& after it have done working stop it close for
3 weeks, then Bottle it & it will be fit to drink
in 6 weeks

Black Concord Wine

to A gallon of frute pickt from y^e worst trees
take A gallon of water, boyle y^e water & pourer
it boyleing hot on y^e frute Let them stand 24
hours then grind y^e frute & squeeze y^e liquor
As we doe y^e red corands A pound of sugar
is full enough to A gallon of Liquor.

$\frac{1}{2}$ A pound of sugar to A gallon of Liquor is good to use. (Approued)
this comes from

Ho I yount of water put A pound of flower,
warm y^e water & dissolve y^e flower in it, to 10
gallons put y^e whites of 5 Eggs well beaten & whipt,
when boyle it, there be no more, but scum it very clean
whilst it boyle. Let it boyle About 24 An hour,
then strain it through A flanning sayl on A hair
sieve, put it to coole, & then run it adding to 12
gallons a quart of y^e Best Brandy; let it stand
A year in y^e 2 vessels. Many of A year it is Best.

M^r Grized grishes Clary or elder wine

Put 20 pound of Malice Raisins pickt & washt
in cleare (but not washd) to 5 Gallons of cold water
let it stand 10 days stirring it once A day, then
strain it through A hair sieve, put to y^e Liqueur
half A pint of Ale yeast stir it well together & run
it up in A vessel fitt for it & let it stand
About A week then put in to it A little handful
of dried Clary stop it close when it have all
most cleare hissing, & keep it so till its fine, & then

& then ~~immediately~~ bottle it & when you want
take it off in to a better bottle, you may make
elder wine y^e same way by leaving out y^e elay
& putting in as much Juice of Elder As will
make it of a claret colour, y^e best way of making
y^e Beery is to Bake them with household bread
& strain y^e Juice from them

Glennham Receipt for Viniger 1720

So each Gallon of water putt 2 pint
half of Malaga Raisins, A small quantity
of Celendine, & a rather of roed, let stand
3 months in y^e sun, Scaping in now & then
you may draw it off, add half a quantity
of water in to y^e same & let it stand
in y^e sun y^e same time As y^e other is & will
be good enough for Common use = = =

Mrs Franklings Pipping Wine
first make Sider of any sort of Hard
Pipping, & After it has don working Rack it
in to A Tub where to Every Gallon of sider
y^e must put 3 pound of Runch Raisons or
Raisons of y^e sun, being first Chopped
Grose, Here let it guse 12 days, stirring
it well once or twice A day, then strain
it through A flaning Bag Hung up
that it may run without pressing, so
run it in to A veyell & when it has don
working stop it close & let it stand A
full 12 month before y^e tap it, then
Bottle it & it will be Exactly like forain
wine - y^e Raisons y^e Drain off, y^e may
mixt olde sider to, & stir it half y^e time
as before, & it will be A weaker wine to
Drink in half y^e time

To make Raliffe

Put what quantity y^e like (to y^e taste
of Bitter) of Apricock, Peck, or Plum
Lennells, in to good french Brandy & let
them guse in it 3 weeks or A month
& then to each quart of Brandy
A pint of water & Boale in it A month

if A pound of Double Refined sugar &
when its cold put it to y^e Brandy first
straining it from y^e kernells,
some will boyl a stick of (Approved)
Cinomon with y^e water & sugar

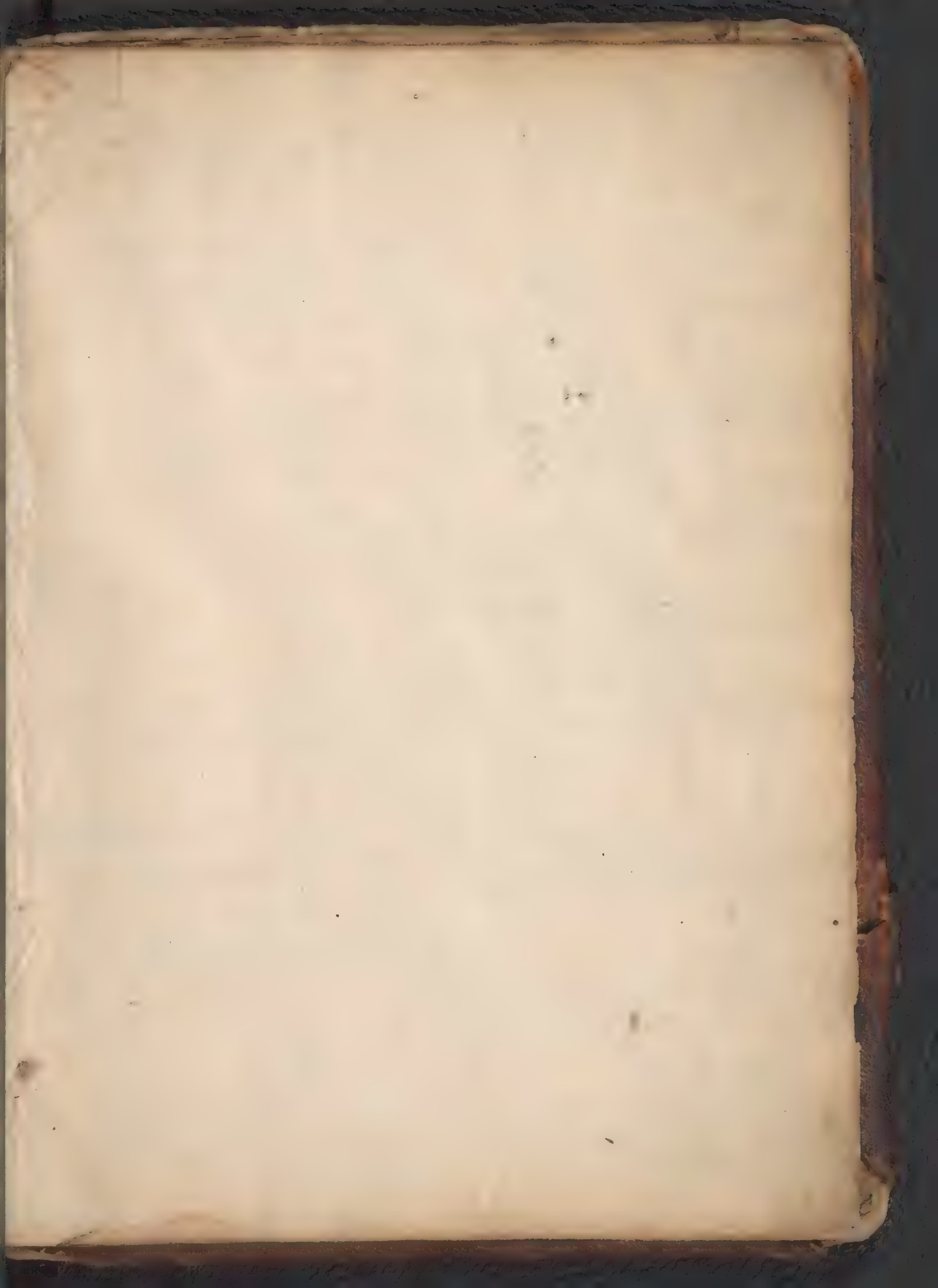
M^{rs} Grighes Raison wine

To Every Gallon of spring water
put 5 pound of Raisons clean pick
& chopd very small, let it stand 4
Days, stirring it every Day, then
squeeze them in A hair bag very Dry,
put it in A white wine Vessel, or
A Brandy one, let it stand 3 months
if it is not then fine, rack it thro
a reing as before, & when fine bottle
it: y^e vessel y^e put it in must be seaso
seasond with A Brimstone match
before y^e put in y^e Liquor, & it must
not be stopd but only with a loose
bung to keep out dust

very Good

Nice Hwacheys Clavy wine
Boyl 10 Gallons of water, & when
boyled put to it 25 pound of powder
suger or Lump is best. & when y^e
water is cold stir in y^e suger with
y^e whites of 8 Eggs well beaten, boyl
it softly 2 hours & scum it well, then
put it in a Tub & let it stand till cold,
put to it 10 ounces of y^e Tops & small
leaves of clavy well dried, put it all
together into y^e vessel with a pint of
new ale yeast, stir it very well 3 or
4 times a Day & when it have don
working stop it close & keep it y^e year
round before y^e Tap it —

This includes small Mead
To one Gallon of water put one pound of Honey
& half a pound of Leaf suger powdered, stir it
all well together & let it boyl till its well done
in y^e Boiling stir in 2 or 3 whites of Eggs & as
y^e scum rises scum it clean off, strain it in to
A tub & when its almost cold put to it some
yeast spread on A flat Toste & y^e Juice of A
Lemon with half y^e Rine, when workd enough
skim it & Tun it in to A vessel, stop it
about 10 Days 'till be fitt to bottle &
Drink —



Dr Mead's Method & Medicon for

Bite of a mad Dog taken out of
Farleys News Paper August 9th 1775

Immediately after y^e bite let blood in y^e arm
9 or 10 ounces, then take Ake & Turvil ground
Siverrwort clean washed & dried to a fine
powder, half an ounce, of Black Pepper
fine powdered two Drachms, mix 'em well
together & divide y^e powder in to 4 Doses, so
take one of them in half a pint of warm
Cowes milk fasting, for 4 mornings,
after these 4 doses are took y^e Patient must
goe in to y^e cold Bath, spring, or River
every morning, dipping himself all over
only his Head above water & stay no
longer then half a minute ~~after this~~
this must be continued for A full
month without intermission, after this,
3 times a week for a fortnight, this
Remedy given by y^e Dr to A Gentleman who
was assured from him, that he had never
fail'd of success in y^e experience of 30 years
with 100 Patients =

Syphilis Trever

Place a little powdered Saltpetre
in a saucer and pour on it as much
oil of vitriol as will just cover it
A copious discharge of acid Gas
will instantly take place the quantity
of which may be regulated by
lessening or increasing the quantity
of the Ingredients

W^h Bane for y^e biting of Mal' Dogs
Take six ounces of Rue clean picked
In a mortar, 4 ounces of Garlick well bruised
4 ounces of Methredate or Venice Treacle, four
spoonfulls of scraped Tin, or y^e best olde penter
filed; Boile these in 2 quartis of ale for one
houer in A pot close covered over Agentle
fire then strain out y^e dregs & give of the
Decoction 9 or 9 spoonfulls warme to a man for
fasting for 3 mornings together, give it cold
to any Beast 3 or 4 spoonfulls for 3 or 4 morn-
ings following it must be given to a hog,
Dog, or the y^e within 9 days after biting
it never faile any man or Beast —

As Approved by him

Mr. Secretary receipt for the

Gloucester Treasurers and the Treasurers of the
where a list of the Treasurers Treasurers
of the Treasurers Treasurers, and Treasurers
of the Treasurers Treasurers

Another from Mr. Treasurers

Two handfulls of Rye, and Two more of it
Star of St. George, and a Quarter of a pound
of Gunpowder, in a Quart of milk
Till salt is boiled away.

More of Treasurers Treasurers

A Bait for Rats & Mice

A pint of flowers of Catnick, a pint
of powder of Lime not stilled, a pint
of Rye, a pint of Rye, a pint of Rye
it with a pound of Rye, a pint of Rye
traced in slices, & ye Treasurers
maintain it with, where y^e Bait
is laid put water by it.

A medicine for the
stone & gravel. Take London Pease
Hinges & powder of each 2 lb
put Ad there. In A gallon of
ale Beer in A ring cleve stop put
in A kettle of water & let y^e
water & ale soffe for 12 hours with an
intermission then take it out of y^e
water & when it is cold give to each
housd four spoonfulls

Mr. Gores. Of Barrowe:

To joyne China of A travelling Man
y^e juice of 24 snails, 2 whites of
eggs, 2 ounces of Plaster of Paris in
powder, 2 ounces of Unslaited Lime
fine powderd, mix y^e powders together
& wet y^e edges of y^e china with y^e
liquor & daub y^e powder thick on
so close y^e china together, & dry it
by y^e fire - -

Couron A very good remedy to take of such
Sun Stoe or sun yellowing from the face

Take the flowers of Elder And stick them in
A cold still: wash your face with it water
every day & you will find the Advantage in A
short time — — — — —

A very good wash for the face

Take half a pound of the seeds
take the skins from off the
bitter & rub it other in A clean cloth
Wipe well but them in to A stone
mortar & stamp them with A little
whitewine very well, then put A
quart of whitewine more to them
stamp them & strain it till all the
goodness is out then bottle it for
your use — — — — —

A nother Approved By M.D.
Take A quart of whitewine & put it in A still
bottle & put to it 2 ounces of bitter Almonds
bruised, one ounce of white sugar candy
very beaten, one ounce of cedar, one ounce
of cream of tartar, one handfull of Rume, & a
juice of 2 Lemons: Let it stand 2 or 3 days
before you use it, & when you use it make it more
keeping it in a bottle — — — — —

An Ague : Cuzen S. Lee

Take A dry stick shane it flat & smooth
or A Luff. And As many yitt somany women
must be cut In the stick: & write the names
name on it. you must be sure ^{not} to misnomer
it. but rather for one somany men and
to burn it in the fire: ~~It~~ must be done unknown
to the party or else tis never the nere

A nother for the ague
when Jesus went to the cross to be
crucified the Jews asked of him And said
yt thou Art a King then get the
Jews Answered and said I Am not A King
neither have got the Apice Amen sweet
Jesus Amen Sweet Jehovan Amen Amen

This must be writ
& sealed without the
persons seeing it. y
A string in it that
it may goe
once the head)
being just to
y stomache fill the
hole in y

Abracad A bra
Abracad A br
Abracad A C
Abracad A
Abracad
Abracad
Abracad
Abracad
Abracad
Abracad

[Faint, illegible handwriting at the top of the page, possibly a title or header.]

2

One tea spoonful of Lact Sulphuris
and half a Tea spoonful of Calomel -
Magnesia to be taken the last thing
going to Bed in a small quantity
of Milk that has been skimmed.

The Quantity may be increased if it
does not operate the intention is to
keep the body moderately open by
taking it when it appears necessary
for that purpose

WLM

South Hillworth
Leicestershire

WLM

Dec 19 1891

20 Grains of Speacchuana

40 Drops Sassafras

Quarter Pound of Honey Clarified
in Half a Tazze full of Vinegar
put all into a Half Pint Bottle
and fill it up with Water take
2 Table Spoonfull 2 or 3 Times a Day
For A Cough

L. Howell

APTON

WTN

Jones, Russell & Co.

13, Friday Street.

For the Gravel

B. Hynd

Take 1 Oz of Castile Soap, half an Oz of
Hot Linn, & pound them together in a Mortar.
morton them well with oil of Juniper suffi-
-cient to make them into Pills.

Take 3 of them early in the Morning &
three going to Bed: drinking plentifully of Tea
or Cyder made of Marshmallows after-
wards.

NLM

1929

Young Eggs

252

Feb: 20	Quick silver	2 oz:	0-1-0
	Sol. of Turpentine	2 oz:	0-0-2
	Sol. of Barytes in form of		0-1-0
	White Kallabore powder	1 oz:	2
	Sulphur Vivum	2 oz:	0-0-2

0-2-6

The Quick silver must be rubbed in a mortar till the Globules disappear with the Sol. of Turpentine put to it

by dropping
the Sol. of
Barytes
into it
the Globules
disappear



+ French Polish

Rectified Spirits of Wine	1 pint
Green Juniper	1 1/2 ounce
Shell Lac	1 1/2 ounce
Mixed	

Black Rosewood Stain

First - Brazil Dust - qualified with Alcohol
in proportion as 1 is to $\frac{1}{2}$
Second - Logwood and Brazil - as 1 is to $\frac{1}{2}$
Third - Vinegar - Iron filings and Green copperas

+ W a little Annatto heightens the
color of this composition —

To recover faded Black Cloth
Fig Tree Leaves boiled well in
water wash the cloth in it milk warm
dry it in the sun and it will prove
an excellent Black

For the purpose of washing
the cloth in the sun

Diluted Sulphuric

Acid L. O. Drops

Amphibole Sprinkling

Oil of Amber and Brandy

for Power after Confusion

NLM

Dissolve one Dram of Salts of Tartar
in a quarter of a pint of Water add 10 Grains
of Elixm^l ferula, powdered

NLM

The Ointment for Eyes

Take 4 ounces of May Butter Clarified in a
one ounce of Virgin wax half an ounce of
powder of Saffron 2 Drames dissolved them
in a Balson together over a fire of work it up
with a little Rose water which ointment is
good for all swellings in the Eyes Lids or
Shut eyes striking it on the Lids with it over Night
& washing it off the next Morning with Rose
Water or Camellie Water if neither will
Spring water if things must be all weighed
apothecarys weights.

NLM

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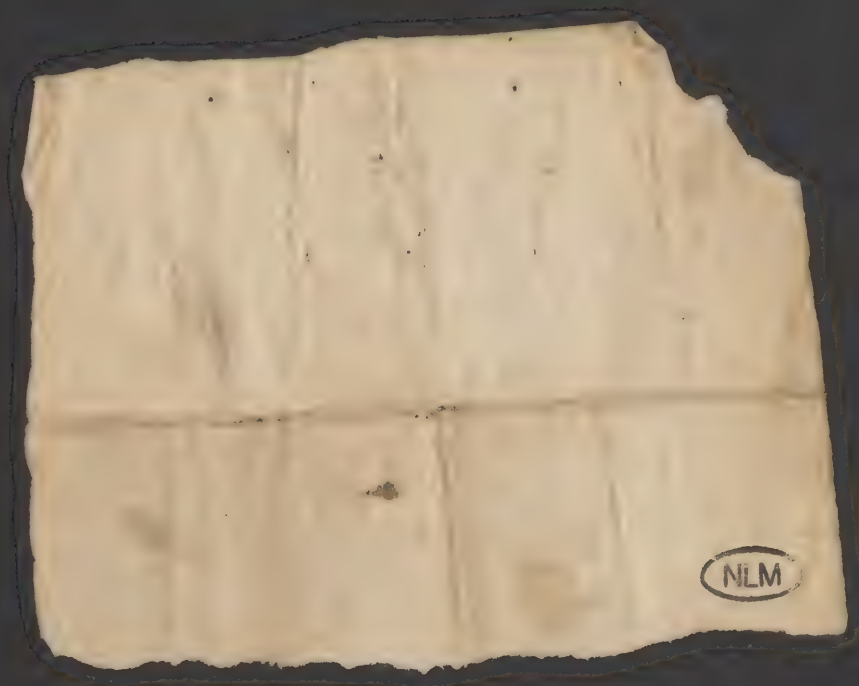
good

now

1888



3 lb. each
5 lb. each
Stone from stone
Grains: an equal quantity
of each, made into pills
of 5 grains each, 5 pills.
to be taken every other night.



NLM

Colera Morbus

As treatment corresponding has been
is with the following remedy for this
dreadful disease, which is received from
the late Dr. Shuter, head of the National
Institution in Calcutta, India, from his Com-
munication he can state that it has saved
the lives of thousands - Colored, one scurvy
headless African, three grains mixed
with a sufficient quantity of conserve
of hips to form an emulsion into six
pills, two of which are to be taken
every two hours the balance of life
to be kept in full action by hot flus-
nels, friction, &c until the disorder has
subsided. —

Cheltenham Chronicle

Anna - 6 th to sell	2
He - 5 th	6
Lazarus - 6 th	1 ounce
Lazarus - 6 th	10
Lazarus - 6 th	4
Lazarus - 6 th	1
Malaga	1 ounce 1/4
Lazarus - 6 th	1 ounce
Malaga	1 ounce
Malaga - 6 th	1/2 half pint

16-4-11
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16-4-11

For OCTOBER, 1747.

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four of these pills twice a day—and spruce-beer, with a drachm of *Iris* after each dose, drink half a pint of slate powdered in it.

An excellent Remedy against Agues and Intermitting Fevers.

TAKE Jesuits-bark one ounce, snake-root one drachm, and as much syrup of cloves as will make it an electuary; of which take the quantity of a chefnut every three hours between the fits. And if you take it two or three days at the intervals of six hours, after the fit is stopped, it will certainly cure, and prevent any return.

The ANGLER and SPORTSMAN instructed in November.

OBSERVATIONS *for the* ANGLER.

THE Angler must now be thinking to provide rods for the next season. For this end, let him remark, that those fishing-rods will do him most service, that are cut after the sap is down, *i. e.* from the latter end of this month, to the middle of January.

The hawthorn, black-thorn, and crab-

should be five yards long: For the *New-River*, a line of two yards is long enough: In fine, you must proportion your rods and lines to the breadth and rapidness of the water in which you seek for sport.

As for the strength of your lines, they must be proportioned to the fish sought for. The common way is to

vous knees. Its eyes are brown and dim, but they are continually open, and seldom look forward. It is a subtle creature, but not bold. The

Hare never walks or treads, but jumps or leaps, and runs quickest in paths and highways. This is the creature represented in the following cut.

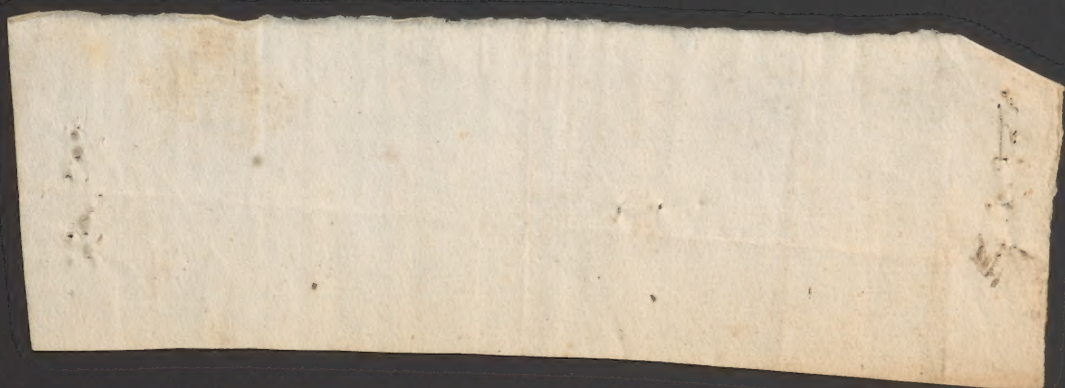


The best time to hunt the Hare, is from the middle of September to the latter end of February: during which

to the middle of its head, the feathers are of a reddish ash colour. It has a grey belly and breast.

R Pil, Rudy Extract Ji Calomel gr viij
in. fac Pilul: R. iij vel iv: pro dje
send Haire, Vases:

2 Penny worth Oil Marjoram
1 Do Do Spirit of Do
1 Do Do Hartshorn
1 Do Do Opodeldock
1 Do Do Salt Water
For Rheumatism



Elizabeth Strachey
her book 1693

